

Golden Jubilee Celebrations



Vidya Vikas Mandal's  
Shree Damodar College of Commerce & Economics  
Margao, Goa

Department of Physical Education & Sports

In association with  
Directorate of Higher Education (DHE),  
Government of Goa

Organizes



**NCPRESS  
2023**

**NATIONAL  
CONFERENCE  
ON PHYSICAL  
EDUCATION  
AND SPORTS SCIENCES**

**Enhancing Life Through Physical Education and Sports**

**05 & 06 April 2023**

**Shree Damodar Educational Campus,  
Comba, Margao, Goa**





## About the Conference

The Conference is divided into sub-themes, and each day will be dedicated to a specific topic. The day will begin with the address of the keynote speaker, followed by the question and answer session. This would then be followed by paper presentations by researchers based on the topic for the day. There would be a selected jury each day, which would select the best paper of the day and ultimately there would be a winner for the best paper presentation overall. The researchers will have the opportunity to get their work published in a UGC CARE listed journal.

## Conference sub-themes

- Sports Training
- Sports Psychology
- Sports Biomechanics
- Physical Education
- Sports Nutrition Test
- Research In Physical Education
- Sports Medicine
- Doping and its Implications
- Sports Management
- Law and Regulations in Sports
- Teaching Methodology
- Physical Activity and Academic Achievement
- Cognitive Performance and Physical Exercise
- Inclusion Teaching and Physical Education
- Game Based Learning
- Emotional Health Development
- Inclusion and Physical Education
- In service Training and Physical Education
- Techno-pedagogy and Physical Education
- Foundation of Physical Education
- Anatomy and Physiology
- Mental Health and Yoga
- Pedagogy in Physical Education
- Measurement and Evaluation
- Sports Tourism
- Adventure Sports
- Physical Fitness
- Life Skills Through Sports
- Health Education
- NEP-2020

**Researchers may please note that this list is indicative, and papers can be sent on either of the sub-themes or any topic related to the main theme of the Conference.**



## NATIONAL CONFERENCE ON PHYSICAL EDUCATION AND SPORTS SCIENCES

### Important dates

Full Paper submission : 15<sup>th</sup> March 2023.  
Acceptance Notification : 22<sup>th</sup> March 2022.  
Register by : 24<sup>th</sup> March 2023.

### Who can participate

Academicians, Researchers, Students pursuing Physical Education, Physical Education teachers, Fitness Trainers, Sports Psychologists, Sports Physiotherapists, Sports Coaches

### Call for papers

Research Papers are invited from professionals, researchers, academicians and students to participate and present their research work. Selected Paper will published in a UGC CARE listed Journal on payment of Rs. 3500/- in addition to the registration fees.

### Guidelines for Paper Submission

The paper should include an Abstract of 250 to 300 words along with 2-3 key words. Font - 12 Times New Roman, Format - Single Spacing and Normal margins. Total Pages - 6 to 8.

Submitted manuscripts should not have been previously published, presented or accepted for publication in any form.

The Abstract and full paper may be sent to [pesdcce@vvm.edu.in](mailto:pesdcce@vvm.edu.in) by 15<sup>th</sup> March 2023. The paper will undergo review and plagiarism test. Once mail for acceptance of paper is received, payment is to be made



## NATIONAL CONFERENCE ON PHYSICAL EDUCATION AND SPORTS SCIENCES

### Registration charges:

Registration fee for the Conference: Rs. 1000/-

Last Date to fill the Registration form : 24th March 2023

- Registration Fee covers lunch and refreshment on both days, Conference kit and Certificates.
- Registration Fee does **not** cover travel and accommodation

### Registration link

[https://docs.google.com/forms/d/e/1FAIpQLSctopWAEeys-CzpKN5JT73X7Q\\_geFy\\_tohyzEQXOWdzj2BHwA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSctopWAEeys-CzpKN5JT73X7Q_geFy_tohyzEQXOWdzj2BHwA/viewform?usp=sf_link)

### For accommodation

Accommodation for outstation participants will be arranged by the organizing committee on request of the participants at their cost.

### Bank Details for payment of registration fee

Account Name:	VVMS SHREE DAMODAR COL OF C A E BCOM NSA
Account Number:	50100234765087
Bank Name:	HDFC BANK LTD
IFSC Code:	HDFC0000037
Branch Name:	GOA MARGAON





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## Keynote Speaker



**Prof. Vivek Pandey,**

Vice Chancellor (Officiating),  
HOD (Department of Exercise Physiology),  
LNIPE

## Resource Persons



**Dr. Suman Pandey**

Assistant Professor in Physical Education,  
Savitribai Phule Pune University



**Dr. D. N Sansanwal**

Former Head and Dean,  
Department of Education,  
Devi Ahilya University, Indore



**Dr. Devashish Bagchi**

College Director  
of Physical Education & Sports,  
Parvatibai Chowgule College of Arts & Science,  
Margao, Goa



**Dr. Sam Braganza**

College Director  
of Physical Education & Sports,  
Govt. College of Arts and Commerce,  
Pernem, Goa



**Mr. Balachandra Jadar**

University Assistant Director  
of Physical Education & Sports,  
Goa University



## NATIONAL CONFERENCE ON PHYSICAL EDUCATION AND SPORTS SCIENCES

### Chief Patrons

Mr. Nitin Kunkolienker,  
President, Vidya Vikas Mandal

Mr. Vikram Verlekar,  
Chairman, Sports Governing Council, Vidya Vikas Mandal

### Conference Chairperson

Prof. Prita D. Mallya,  
Principal, VVM's Shree Damodar College  
of Commerce & Economics.

### Organizing Committee

Dr. Edwin Barreto,  
Vice Principal & Associate Professor.

Dr. Lina Sadekar,  
Associate Professor, IQAC Coordinator.

Dr. Shami Pai,  
Associate Professor,  
Head, Dept. of Commerce  
& Management .

Dr. Anjali Sajilal,  
Associate Professor,  
B.Com Programme Coordinator.

Dr. Lira Gama,  
Associate Professor,  
Head, Department of Economics.

Dr. Rodney D'Silva,  
Associate Professor,  
Dept. of Commerce  
& Management

Ms. Sharmila S. Kunde,  
Associate Professor,  
Dept. of Information Technology

Mr. Sandesh Gaundalkar,  
Assistant Professor  
in Graphic designing.



### Conference Coordinator

Dr. Ajinkya Kudtarkar,  
College Director of Physical  
Education & Sports

### Conference Secretary

Mr. Saurabh Raikar,  
Instructor in Physical Education,

## About the College



Established in 1973, Vidya Vikas Mandal's Shree Damodar College of Commerce & Economics was founded with the primary objective of providing undergraduate education in Commerce for students from South Goa. The institution quickly rose to become one of the most prominent Colleges in Goa, known as a centre of educational excellence. The College commenced its operations with one undergraduate programme – B.Com. Today the College offers six undergraduate programmes, two postgraduate programmes and a doctoral programme in Management Studies. We undertake a wide range of extension and outreach programmes, aimed at making our students socially conscious, compassionate and responsible citizens of the country. Teachers work hard at improving their qualifications, updating their knowledge and acquiring new skills. The stellar reputation the College enjoys today, is reflected in the 'A' grade awarded by NAAC in 2021. The College has entered its Golden Jubilee year and will turn 50 on June 16, 2023.



## About Department of PE & Sports

The Department of Physical Education & Sports aims to promote Physical Education & Sports among students, staff and society. The Department conducts several competitions, training sessions, and certificate courses for the students. It also actively conducts sports recreational activities for the staff. The outstanding initiatives of the Department have been conducting a 30-Hour Certificate Course in Self-Defense for the female students of the College, 12 weeks Fitness training program for staff and State level Inter-Collegiate tournament 'Helios'.

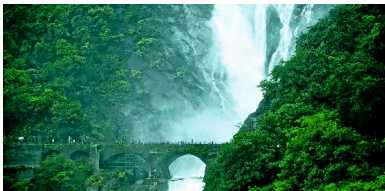
Led by our dynamic & fitness enthusiast, College Director of PE & Sports, Mr. Ajinkya Kudtarkar, the Department strives to provide knowledge and build skills among the Physical Education professionals.



## About Goa

Goa is an international tourist destination. International and domestic tourists come in large numbers to witness the rich flora, fauna, beaches as well as the places of worship and world heritage architecture. The State has endless options for adventure activities as well. Goa shares its border with Maharashtra and Karnataka and has all modes of transport available.

## Nearby Places to Visit



Dudhsagar falls



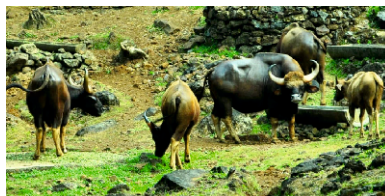
Colva beach



Butterfly beach



Three kings church



Netravali wildlife



Reis magos fort



Chapora fort



Anjuna beach



Vagator beach



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**For further enquiry contact**



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Mobile: 8180054565

**For payment enquiry contact**



(Off.) Tel: 0832 2722500  
8:00 a.m. to 3:00 p.m.  
Monday to Saturday

**Address**



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G R Kare Road, Tansor, Comba  
Margao, Salcete, Goa 403601