

## Golden Jubilee Celebrations of Vidya Vikas Mandal

### Vidya Vikas Mandal's Shree Damodar College of Commerce & Economics



# E-Newsletter

June 2021

Volume 13, Issue 12

Ms. Samiksha S. Vengurlekar – Editor



Environment Day Activity - Creation of 'Do It Yourself!' Videos for Environment Protection

05<sup>th</sup> June, 2021



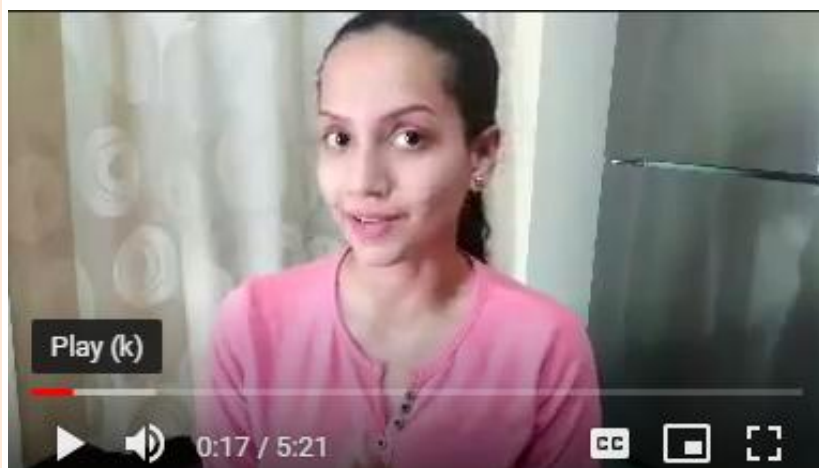
Fifty FY BBA(Financial Services) students created 'Do It Yourself Videos!' demonstrating innovative practices that can be of immense importance for reducing environmental degradation. These practices can be executed at home and can prove to be very beneficial towards protecting the environment. The BBA(FS) Department carried out this extension

activity on 05<sup>th</sup> June, 2021, on the occasion of World Environment Day 2021, with the intention of creating awareness about the causes of environmental degradation and address them through innovative approaches that focused on environmental protection.

The videos demonstrated several innovative ideas such as making of edible spoons, wound healing remedies, environmental friendly home decor, preparing natural immunity boosting remedies like mint tea, green tea and traditional herbal *kadha*, making of onion and egg fertilizer, remedies for headache, identifying medicinal plants and their



benefits, making bird house and feeders, cultivating vegetable plants, making disinfectant at home, making paper files, making wall hangings with waste bulbs, recycling of waste material, ideas to aid street dogs and birds, ways to reduce waste, making of homemade beauty products, remedies for cold and cough, creating of green kitchen, growing and taking care of chili plants, etc.



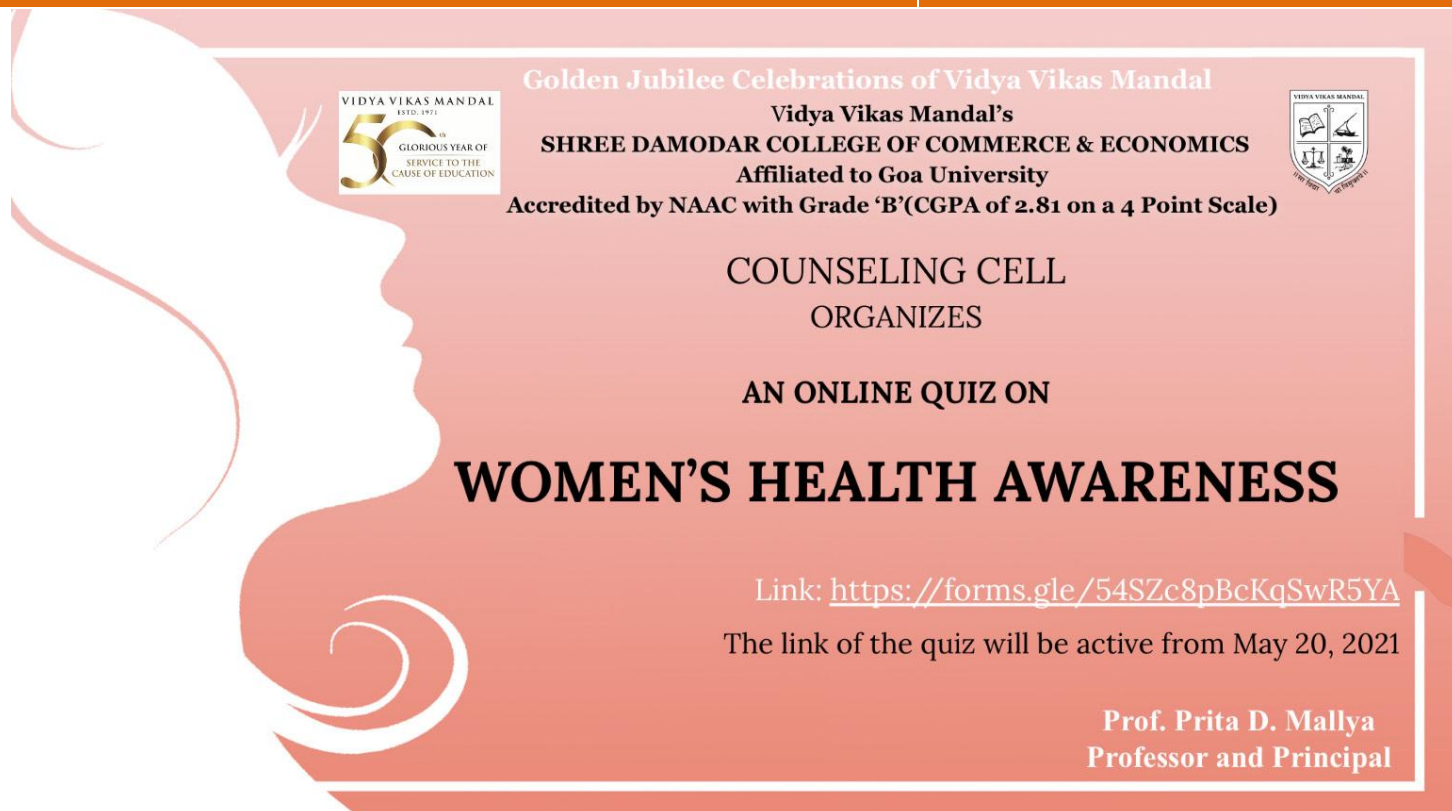
Videos of five students, namely, Ms. Beverly Godinho from FYBBA(FS)-A, Ms. Dwarka Pednekar from FYBBA(FS)-A, Ms. Rania Revadkar from FYBBA(FS)-B, Mr. Darren De Souza from FYBBA(FS)-A and Mr. Rohit Naik from FYBBA(FS)-B, were adjudged as best videos and were uploaded on the College social media platforms. (Facebook and

Instagram)

Students were evaluated for this activity under the Environmental Studies course. The intention of this mode of evaluation for an Intra Semester Assessment was to sensitize students towards the environmental betterment. All the students successfully showcased their ideas in an easy, innovative manner. Mr. Kiran Naik, Assistant Professor of Environmental Studies, BBA(FS) Department was the faculty member in charge of conducting the activity.

Quiz on Women's Health Awareness

20<sup>th</sup> May to 10<sup>th</sup> June, 2021



Golden Jubilee Celebrations of Vidya Vikas Mandal

Vidya Vikas Mandal's  
SHREE DAMODAR COLLEGE OF COMMERCE & ECONOMICS  
Affiliated to Goa University  
Accredited by NAAC with Grade 'B'(CGPA of 2.81 on a 4 Point Scale)

COUNSELING CELL  
ORGANIZES

AN ONLINE QUIZ ON

**WOMEN'S HEALTH AWARENESS**

Link: <https://forms.gle/54SZc8pBcKqSwR5YA>  
The link of the quiz will be active from May 20, 2021

Prof. Prita D. Mallya  
Professor and Principal

On the occasion of Women's Health Month (observed in May), the College Counseling Cell organized an online quiz on Women's Health Awareness.

Many of us are unaware of the different healthcare issues that women face throughout their lifetime. The main aim of the quiz was to create awareness about women's health among students, staff and the general public.

The quiz consisted of 20 statements and those who scored 50% and above were awarded certificates. Once submitted, respondents could check the correct responses along with the explanation of the statement.

185 responses were recorded till June 10, 2021. The link was deactivated on June 10<sup>th</sup>, 2021.

Shree Damodar College Staff on COVID-19 Duty

06<sup>th</sup> May to 14<sup>th</sup> June, 2021

When the second wave of the pandemic was at its peak 12 staff members of Shree Damodar College were posted on COVID-19 duty by DHE under section 65 of Disaster Management Act, 2005 from 06<sup>th</sup> May till 14<sup>th</sup> June. The staff members were allotted duties at the Private Hospitals, Vaccination centers and Call centers.

Following is the list of staff on duty:

1. Horizon Hospital, Margao:

Dr. Edwin Barreto

Coordinator

Ms. Amba Prabhu

Counselor

Ms. Samiksha Vengurlekar

Nodal Officer

Mr. Punarva Prabhu Dessai

Nodal Officer

Mr. Mahadev Gol

Nodal Officer
2. Victor Hospital, Margao:

Ms. Lizette D’ Costa

Jt. Coordinator
3. Classic Hospital, Margao:

Mr. Ainsley Bernard

Coordinator

Mr. Rahul Naik

Nodal Officer

Ms. Sarita Malvankar

Nodal Officer

Mr. Harish Borkar

Nodal Officer

Mr. Azzan Dias

Nodal Officer
4. Call Center for Home Isolation:

Mr Sandesh Goankar (Shree Mallikarjun College, Canacona)

The **coordinators** were assigned the duty of visiting the PHC in their jurisdiction to make the necessary arrangements for the smooth roll out of the vaccinations for 18-45 age group. They also had to keep a check of vaccination status and the record of new infections in coordination with the ward Panch Members and Sarpanchs of village Panchayats in Salcete Taluka. Coordinators were also in charge of the Private Hospitals which were allocated for COVID-19 under the DDSY scheme.

**Nodal officers** were assigned duties in these Private Hospitals under the supervision of the Coordinators. These officers ensured seamless coordination with the hospitals admitting the COVID patients under the DDSY scheme. In case of any disputes regarding billing, the Nodal Officers would help resolve the issues.

The duty of the **Counselor** was to counsel the patients and their caregivers over the phone. If there were severe mental health symptoms, the cases had to be referred for expert consultation.

Mr. Sandesh Gaonkar was at the **call center** at Shree Mallikarjun College, Canacona; his duty was to allot the calls to other officials on duty and submit the report to Incident Commander/Nodal Officer twice a day. He had to call home isolated patients and take the updates of their wellbeing.



7<sup>th</sup> International Yoga Day Celebrations

19th June to 21st June, 2021



*Golden Jubilee Celebrations of Vidya Vikas Mandal*  
VVM's Shree Damodar College of Commerce & Economics,  
Margao, Goa

National Service Scheme-NSS  
NCC Army & Navy Wings  
&

Department of Physical Education and Sports  
Jointly organize

## 7<sup>th</sup> International Day of Yoga JUNE 19-21 2021

ONLINE MODE FOR SDCCE STAFF AND STUDENTS

1. Participants should select any Two Yogasanas from Common Yoga Protocol video released by Ministry of Ayush, Government of India.
2. Participants should then record a video or click a photograph while performing the selected Yogasanas.
3. Fill the registration form and upload a single video or photographs through the given Google form link.
4. E-Certificate of Participation will be sent to the registered email id of the participants.
5. Participation is limited to SDCCE Staff and students.
6. Registration closes at 1.00pm Monday, June 21, 2021.

Registration link: <https://forms.gle/XjdHpXyT8nr6TvtK6>

Video Link: <https://youtu.be/EtNtCE-1Sjc>

Prof. Prita D. Maliya  
Professor & Principal

Ms. Sharmila S. Kunde  
NSS PO Incharge

Lt. Sandesh Gaonkar  
ANO, NCC Army Wing

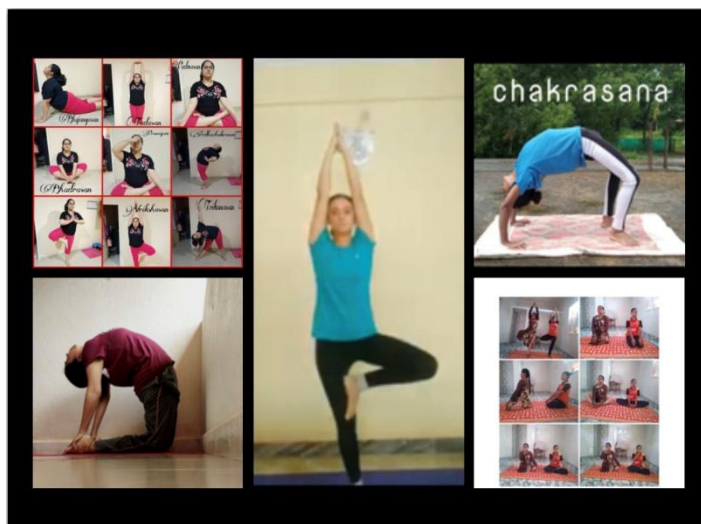
Ms. Samiksha Vengurlekar  
Caretaker, NCC Navy Wing

Mr. Ajinkya A. Kudarkar  
College Director of Physical  
Education & Sports

Mr. Saurabh Raikar  
Event Incharge

The Department of Physical Education and Sports, National Service Scheme-NSS and NCC Army & Navy Wings jointly organized 7<sup>th</sup> International Day of Yoga from 19<sup>th</sup> to 21<sup>st</sup> June 2021 for the Staff & Students. The theme of International Day of Yoga, 2021 was "Yoga for Well-being".

Yoga is a trend that has been flourishing since years; rather, this has become a trendsetter in maintaining both physical and mental well-being. Each Yogic activity is a key to improving strength and balance, and attaining harmony. Participants were asked to select any two Yogasanas from the Common Yoga Protocol video released by Ministry of Ayush, Government of India and perform the asanas. They had to upload a single video or photograph on the given Google form link.



20 participants who completed the 2 asanas and posted the video/photograph, received e-certificates on their registered email ids.

Session on “Gender Sensitivity”

22<sup>nd</sup> June, 2021



The Life Skills Committee organized a virtual session on the topic “Gender Sensitivity” for First Year B.Com students on 22<sup>nd</sup> June 2021 from 12:20 to 01:30 pm via Google Meet platform.

The objective of the session was to sensitize the students on gender issues and to create awareness about the actions that constitute sexual harassment and also to enable them to act boldly in such situations. The Resource Person for the session was Adv. Siddhi Parodkar, Practicing Advocate.

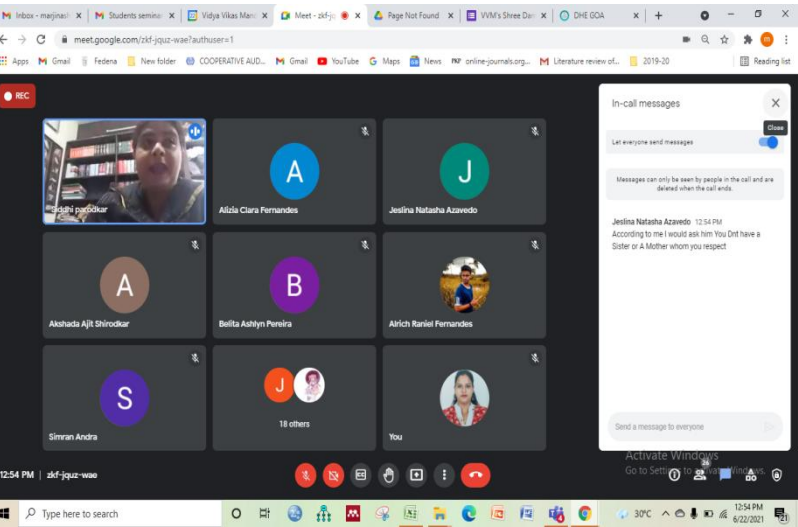
At the outset Asst. Professor Marjina Shaikh welcomed the Resource Person and the participants. This was followed by the introduction of the Speaker by Ms. Alizia Fernandes a student from FY B.Com D. The Resource Person started the session by explaining the concept of Gender Sensitivity. She also highlighted the significance of gender equality in maintaining a balance of life. Adv. Siddhi Parodkar mentioned that not only women but men also face the problem of gender inequality and explained about the roles of gender in a society. She involved the students by asking them how they would react in a given situation and explained the various actions that constitute sexual harassment. She also stressed upon Articles 14, 15 and 21 of the Indian Constitution and stated that the law treats men and women equally. She educated the students about the POSH

Act and narrated the reason behind the passing of the POSH Act and also informed them about the Internal Complaints Committee in the College.

To conclude, she requested the students to read Articles 14, 15 and 16 of the Indian Constitution. The session ended on a positive note and the students agreed that every gender has the right to be treated with dignity and

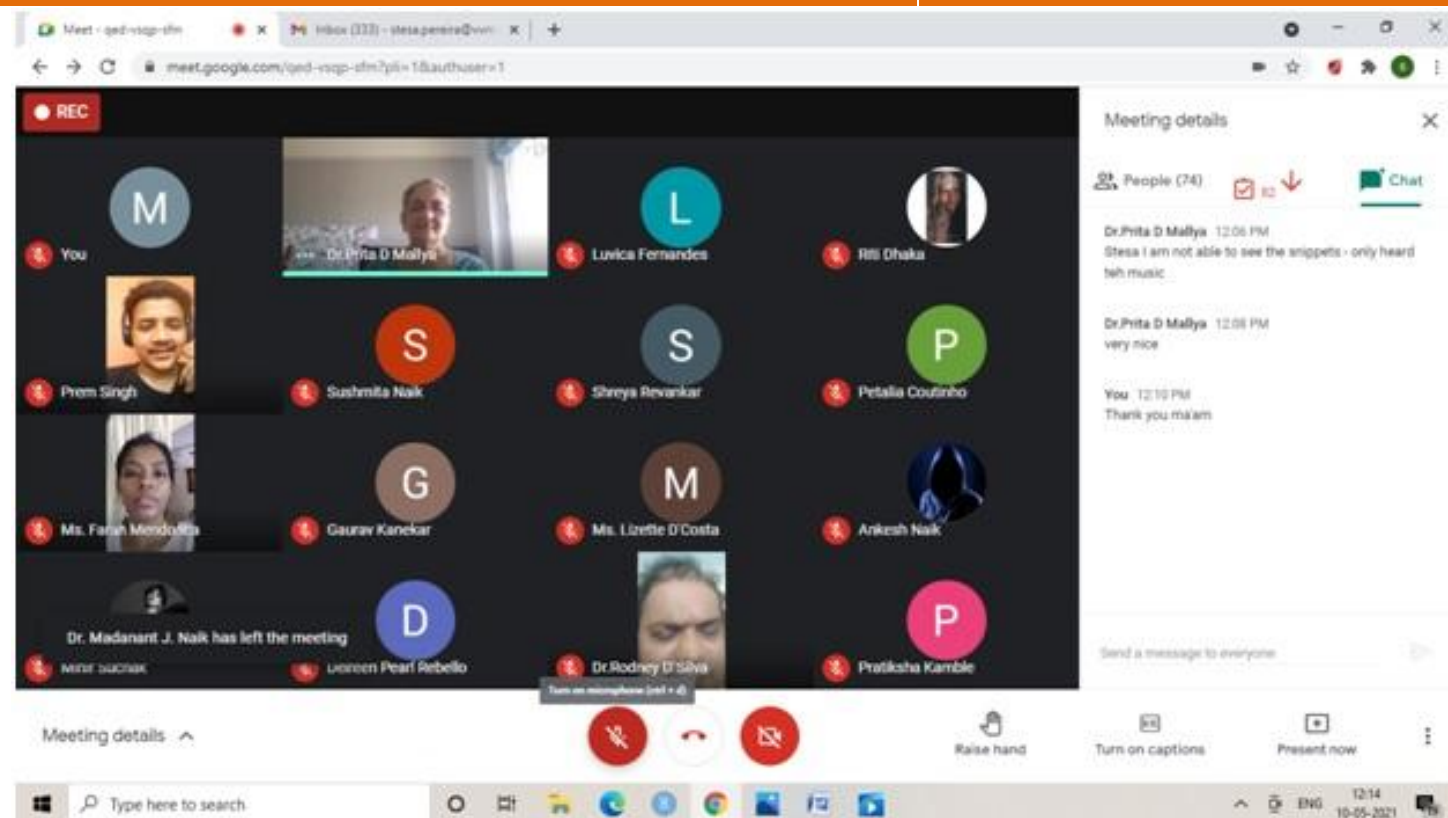
respect. The session was attended by 34 FY B.Com students.

The session ended with the Vote of Thanks proposed by FY B.Com student, Ms. Jeslinda Azavedo.





## Eco Week 2.0

10<sup>th</sup> to 12<sup>th</sup> May & 21<sup>st</sup> to 22<sup>nd</sup> June, 2021

The Economics Club of the Department of Economics & Banking organized 'Eco Week 2.0' from 10<sup>th</sup> to 12<sup>th</sup> May 2021 with the last two events postponed to 21<sup>st</sup> and 22<sup>nd</sup> June due to the announcement of vacation from May 11 to June 7. Keeping in mind the pandemic situation, Eco Week 2.0 was an online event which aimed to stimulate interest in economic issues while offering opportunities for learning beyond the classroom. Eco Week 2.0 garnered a total of 105 participants from the B.Com, BCA and BBA programs across all the events. It



comprised of five events namely Investonomics (Mock Trading), Masked (Mask Painting), Marketonomics (Product Marketing), Combat of the Intellect (Debate) and Eco Whizz (Quiz).

Eco Week 2.0 commenced with a virtual inaugural function on 10<sup>th</sup> May 2021 using the Google Meet platform which had 81 attendees including students and faculty members. The Principal Dr. Prita D. Mallya delivered the welcome address. This was followed by a video showing snippets from the first Eco Week held in 2019-2020. The Secretary of the Economics Club and event coordinator, Mr.

Prem Kumar briefed the virtual gathering about Eco Week 2.0. The inaugural function was concluded by Ms. Riti Dhaka who proposed the Vote of Thanks.

**Investonomics** which was a mock trading activity and the first competition to kick off Eco Week 2.0, was conducted using the Stock Market Challenge (DSIJ) App and received a total of 41 participants. The participants were given Rs. 10,00,000 as the starting cash balance which had to be invested in stocks with the aim of maximizing returns. This event was held from 10<sup>th</sup> May 2021 to 13<sup>th</sup> May 2021. The winners were as follows:

**1<sup>st</sup> Place:** Harshad Naik Gaonkar (TY B.Com)

**2<sup>nd</sup> Place:** Veryl Fernandes (FY BCA)

**3<sup>rd</sup> Place:** Dnyanada Prabhudessai (TY B.Com)

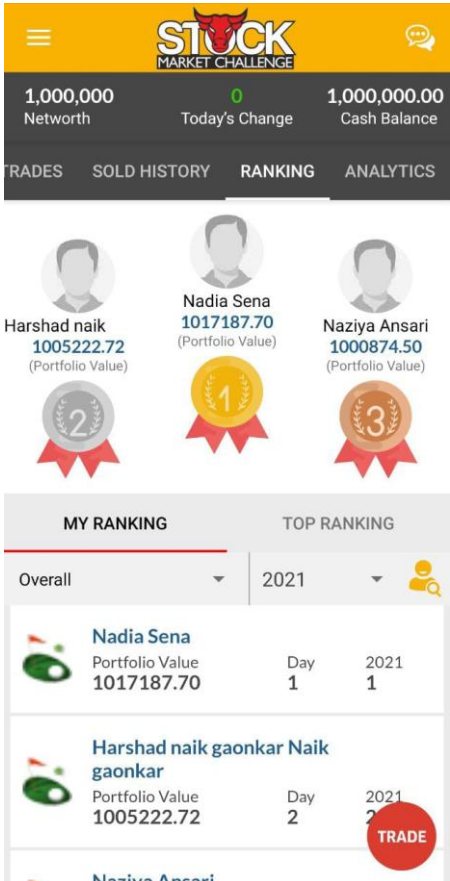
**Masked** was a mask painting competition where the face masks were used as a canvas of expression to celebrate the socio-economic diversity of India. This event received a total of 10 participants. The participants had to submit pictures of their painted masks by 11<sup>th</sup> May 2021. The winners were as follows:

- 1<sup>st</sup> Place:** Shreya Pradeep Revankar (SY B.Com)
- 2<sup>nd</sup> Place:** Dimple Tavde (FY B.Com)
- 3<sup>rd</sup> Place:** Petalia Beata Coutinho (SY B.Com)



**Marketonomics** was a competition of marketing products where the participants had to advertise a product of their choice to showcase its features and uses, along with a tagline. This had to be submitted in the form of a video by 12<sup>th</sup> May 2021 and received 15 entries. The winners were as follows:

- 1<sup>st</sup> Place:** Kevin Silveira (TY B.Com)
- 2<sup>nd</sup> Place:** Keagan Silveira (TY B.Com)
- 3<sup>rd</sup> Place:** Dnyananda Prabhudessai (TY B.Com)



**Combat of the Intellect** was a team Debate competition which consisted of a preliminary round and the final round. In the preliminary round, a video had to be submitted where both team members put forth their arguments for and against the given topic, “Rise in fuel prices in India”. Of the 24 participants from the preliminary round, the top two teams qualified for the final round which was held on 22<sup>nd</sup> June 2021. The topic for the final round was “Zero Budget Natural Farming” the winners for which are as follows:

- 1<sup>st</sup> Place:** Petalia Beata Coutinho (SY B.Com)& Dnyanada Prabhudessai (TY B.Com)
- 2<sup>nd</sup> Place:** Dimple Tavde (FY B.Com) & Amey Natekar (TY BBA(FS))

**Eco Whizz-** a virtual live quiz attempted to test the participants’ awareness on various issues related to the Indian economy and attracted 15 participants. This live quiz was conducted using the Nearpod App which

auto-generates the results. Following are the winners:

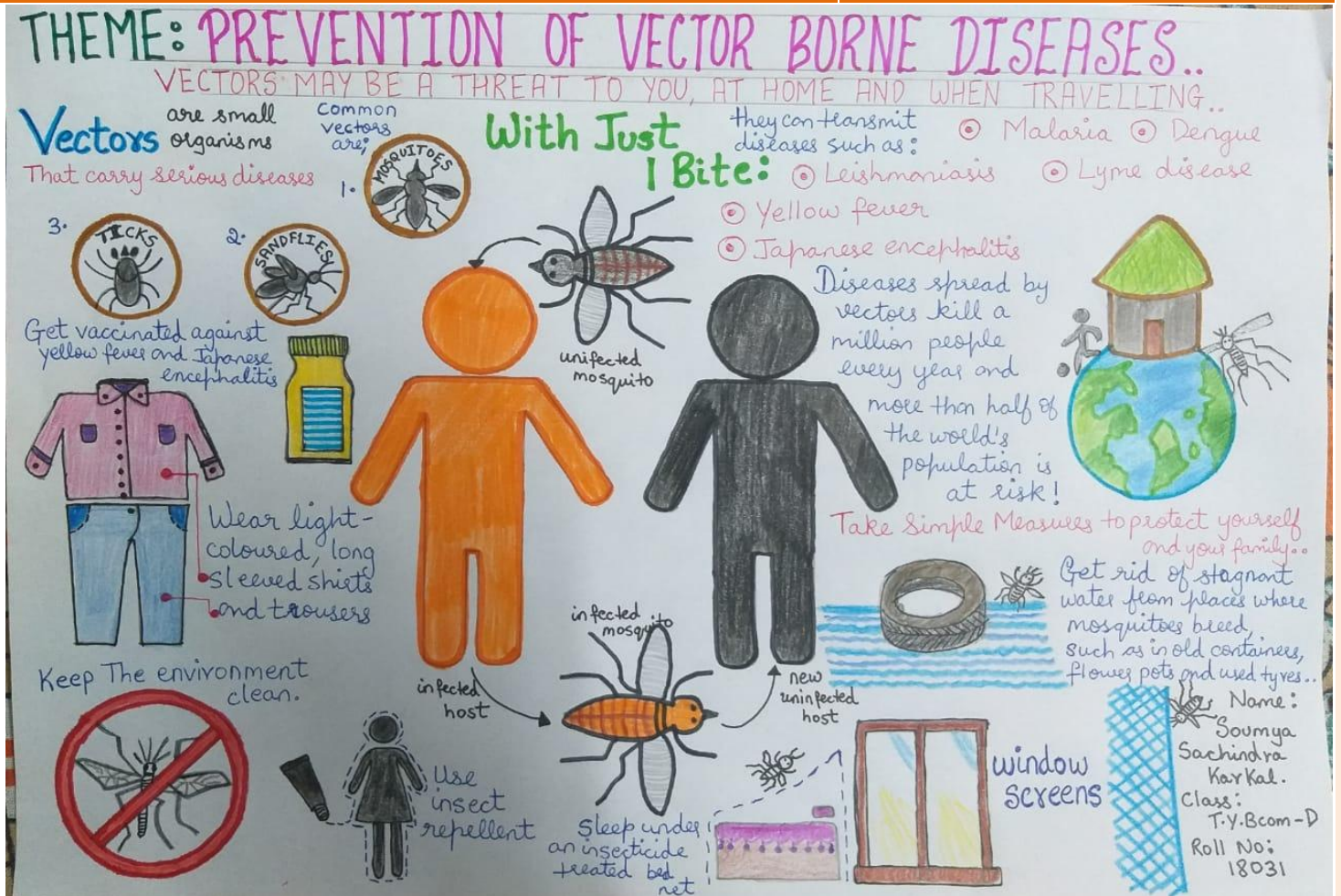
- 1<sup>st</sup> Place:** Reetu Pednekar (FYBBA(FS))
- 2<sup>nd</sup> Place:** Dnyanada Prabhudessai (TY B.Com)
- 3<sup>rd</sup> Place:** Dhananjay Verlekar (TY B.Com)

### Economist of the Year

Participants accumulating the highest number of points and participating in all the events were eligible to receive the title of Economist of the Year. **Ms. Petalia Coutinho** from SYB.Com won the title of **Economist of the Year 2020-21**.

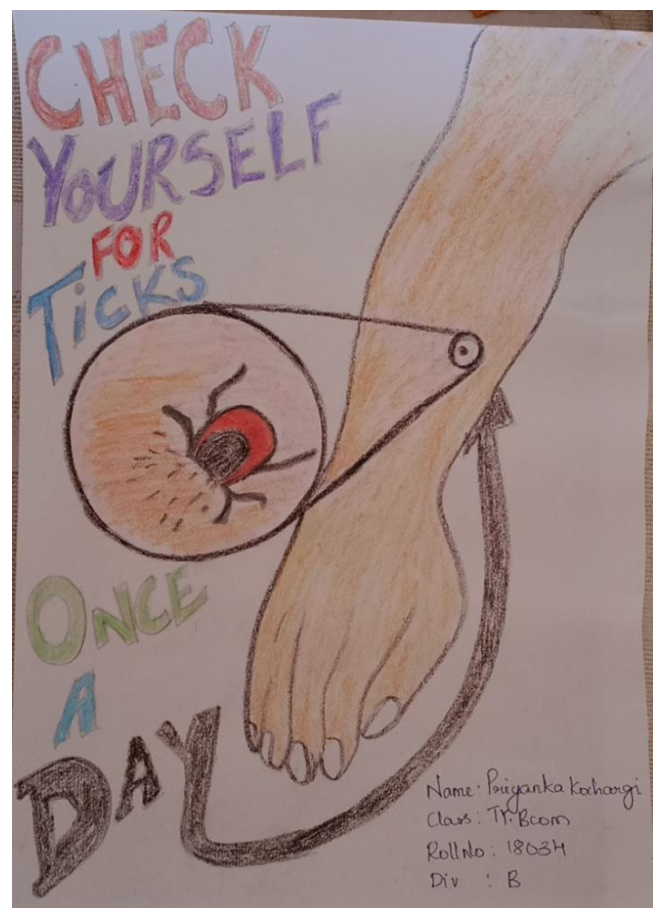
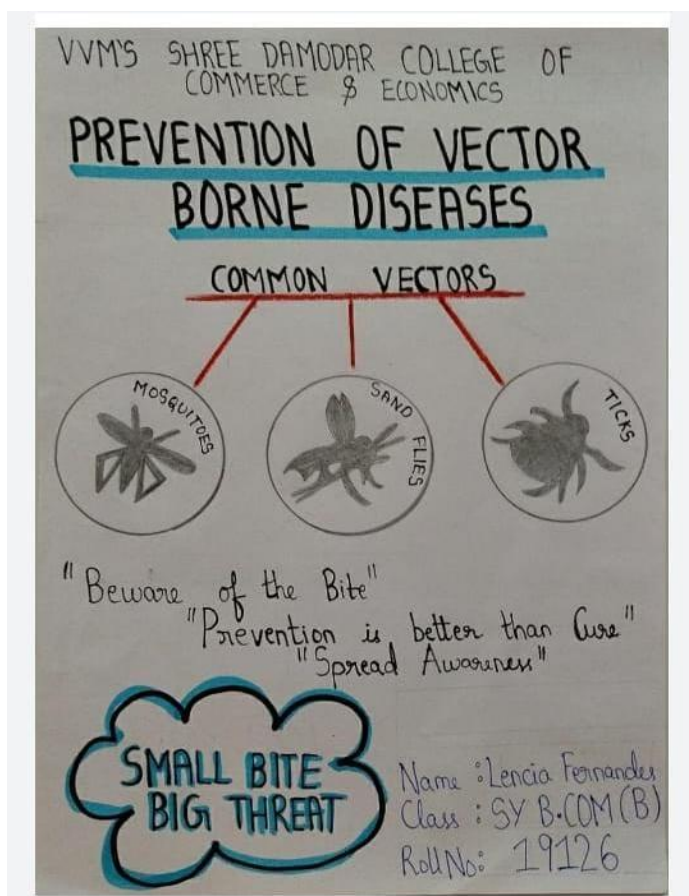


Poster Competition on Prevention of Vector Borne Diseases

16<sup>th</sup> June to 23<sup>rd</sup> June, 2021

The NSS Unit of the College organised a Poster competition on 'Prevention of Vector Borne Diseases' from June 16<sup>th</sup> to 23<sup>rd</sup> 2021, to create awareness about vector borne diseases such as malaria and dengue.

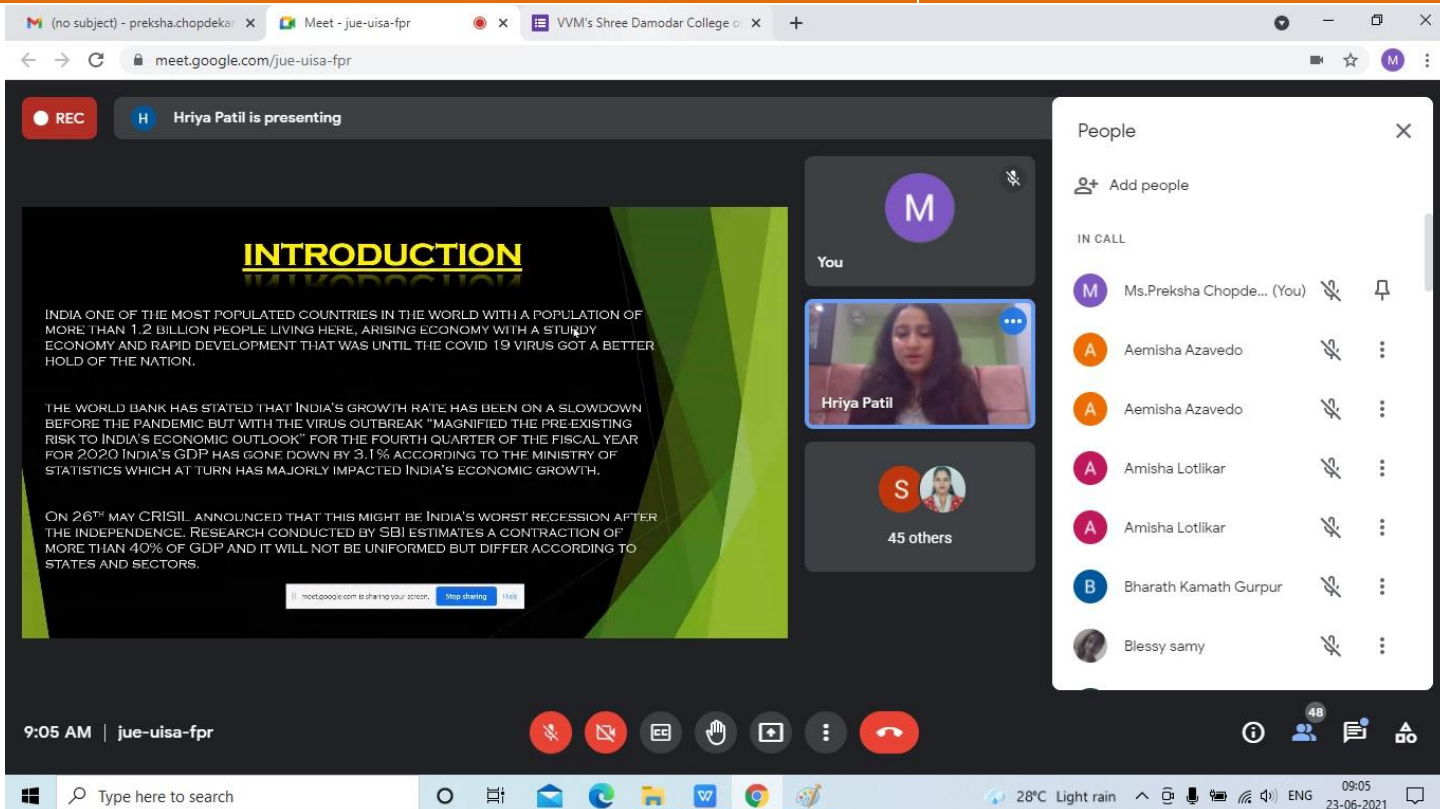
The competition was open to all NSS Volunteers who submitted their entries through their respective Class NSS Whatsapp Groups. 3 NSS Volunteers participated in the activity. Ms. Soumya S. Karkal from TY B.Com-D was declared the winner. Mr. Ainsley Bernard was the NSS PO in charge of the activity.







## Student Seminar

23<sup>rd</sup> June, 2021

The Commerce Club of the Department of Commerce & Management organized a Virtual Student Seminar cum Paper Presentation Competition from 8.30 am on 23<sup>rd</sup> June 2021 via Google Meet platform. The theme of the Seminar was “Impact of COVID-19 on the Indian Economy”

#### Sub themes:

- Education
- Tourism and Hospitality
- Banking and Finance
- Industry
- Any other sector

7 teams comprising 24 students participated. Each team was guided by two teachers from the Department. The seminar is an initiative of the Department to inculcate research culture among students, give them practical exposure and enable them to showcase their presentation skills.

The judges for the seminar were Ms. Rupali Sangodkar Assistant Professor, Government College of Commerce & Economics, Borda and Ms Pooja Kunde Co-founder of Handmade Soaps, Avani and partner in Aditya Enterprises, dealers in consumer durables.

The winners were:

#### First place

**Title:** Impact of Covid-19 on the Transport system.

#### Students:

Amisha Lotlikar - SY B.Com

Jackson Rodrigues -SY B.Com

Valerie Veigas - SY B.Com

Petalia Coutinho - SY B.Com

**Teachers In charge:** Dr. Sheetal Arondekar & Namrata Haldankar



Second Place

**Title:** Impact of Covid-19 on GST Revenue in India

**Students:**

Neebha Ghodge – TY B.Com

Shreya Rahate– TY B.Com

Amily Gomes– TY B.Com

**Teachers In charge: Dr Maithili Naik and Mr. Gajanan Haldankar**

Third Place

**Title:** Impact of Covid-19 on Education

**Students:**

Gourish Prabhu Bhatikar– SY B.Com

Luvica Fernandes– SY B.Com

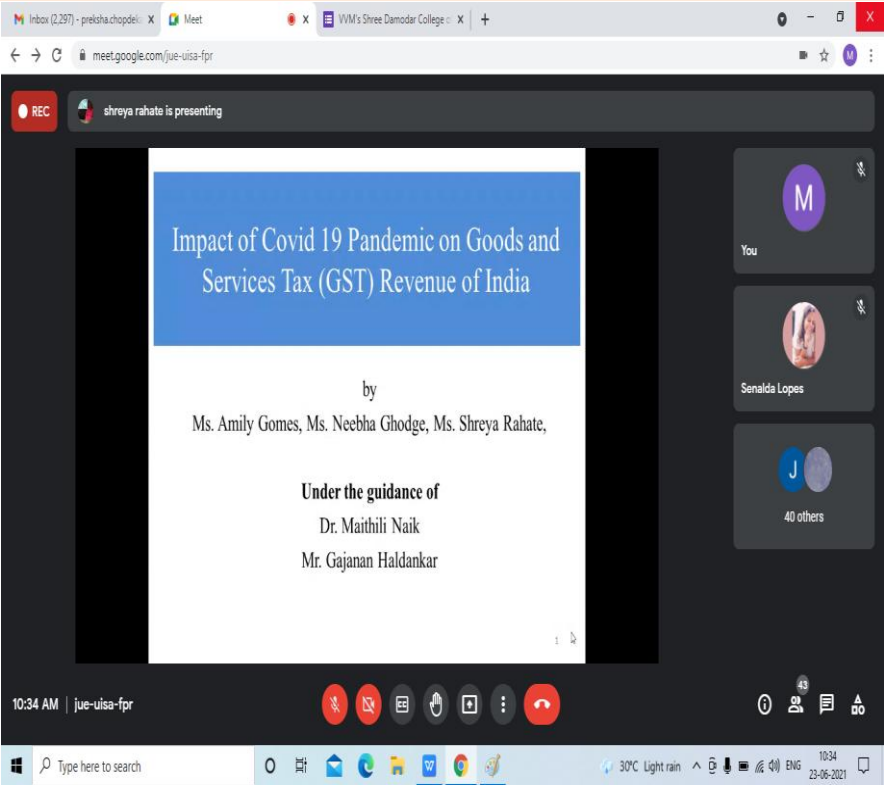
Shreya Revankar– SY B.Com

Vaishnavi Naik Gaonkar - SY B.Com

**Teachers In charge: Dr. Edwin Baretto and Mr. Sandesh Gaonkar**

**Mr. Jackson Rodrigues** from SY B.Com-B was declared the **Best Presenter and the Commerce Wizard of the Year 2020-21.**

Ms. Preksha Chopdekar was the teacher in charge of the activity.



Guest Lecture for FY B.Com(Computer Applications-II)  
Cyber Security - A Practical Overview

24<sup>th</sup> June, 2021

The Department of Information Technology organized a Guest Lecture in the subject of Computer Applications for FYB.Com students on the topic “**Cyber Security - A Practical Overview**” from 12 noon to 1.20 p.m on 24<sup>th</sup> June 2021 via Google Meet platform. The Resource Person for the session was Mr. Suhas Mallya, Executive Director at Emco Goa Private Limited, and ex-student of the College. 28 students of FYB.Com Div. A and B (Generic Elective) attended the session.

The main objective of organizing this guest lecture was to create awareness on practical aspects of Cyber security. The Guest Speaker, Mr. Suhas Mallya, who has a rich experience in the IT Industry, shared various aspects and forms of Cyber Security and Cyber Crimes. He touched upon concepts and solutions using everyday scenarios and tools. The Resource Person covered the following topics

- Overview of Cyber Security
- Vulnerabilities, threats and attacks
- Modes/Platforms/Media of attacks
- Forms and types of Attacks
- Forms and types of Cyber crimes
- Detection, safeguards, remedies and legal/regulatory recourse

The session was very interesting and informative and was appreciated by the students. Ms. Sharmila Kunde, Associate Professor, Dept. of IT, was the teacher in charge for the same.

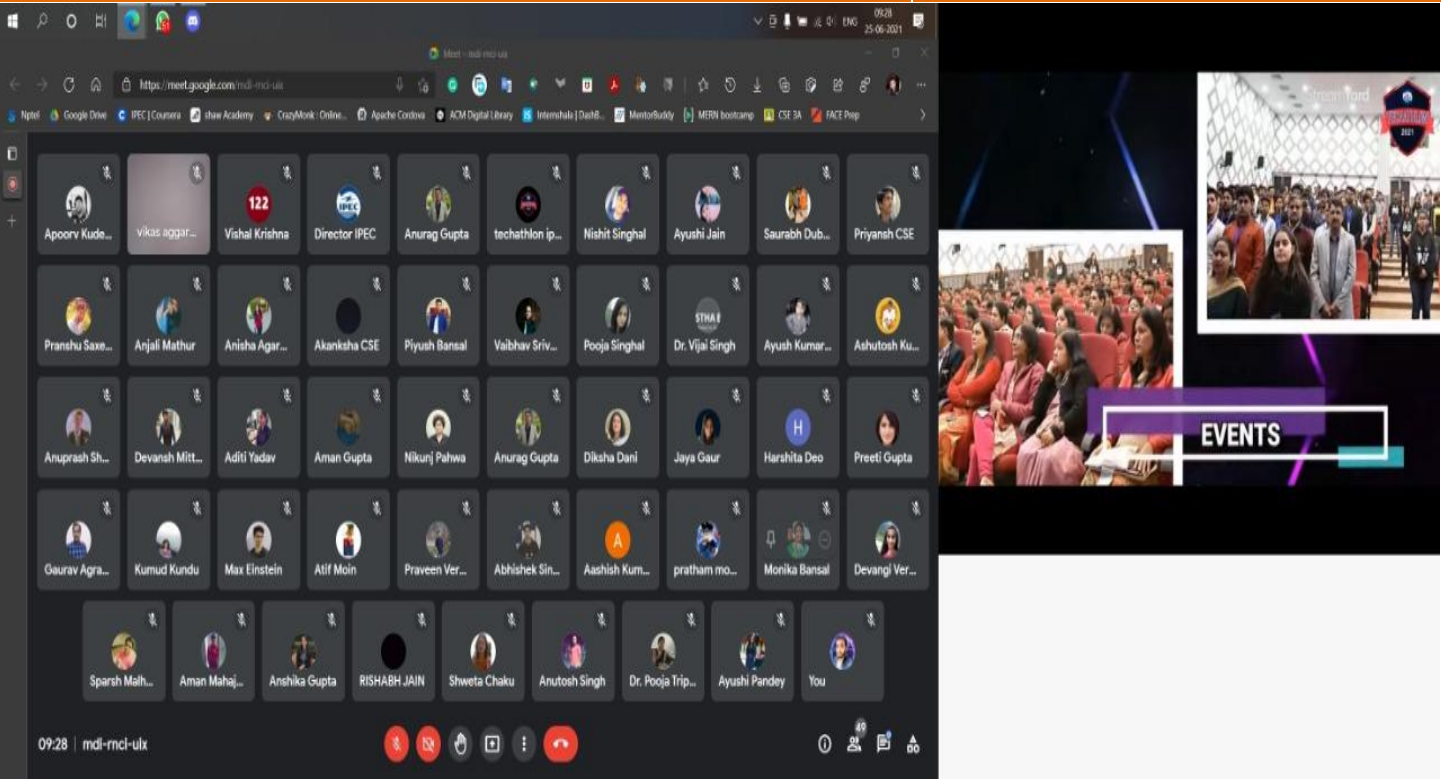
Participation in Advait 2021

25<sup>th</sup> June, 2021

Two students from FY and SY BBA(Financial Services), Mr. Kirsten Da Costa and Mr. Aaron Goes participated in Advait 2021, an annual national level inter-collegiate event of the KLS's Gogte Institute of Technology, Belagavi on June 25, 2021. They participated in 'Fynergy' – finance event. The students were participating in a national event for the first time, but performed quite well. Most importantly they gained exposure. Mr. Mayuresh Adsul, Assistant Professor in Commerce was the faculty in-charge for the same.

Students of Department of Computer Science participated in “Inter-College Techathlon’21”

25<sup>th</sup> & 26<sup>th</sup> June, 2021



Two students of the Dept. of Computer Science participated in an Inter-Collegiate event Techathlon’21 held on 25<sup>th</sup>-26<sup>th</sup> June 2021, organized by the Department of Computer Science and Engineering & Information Technology, Inderprastha Engineering College, Ghaziabad.

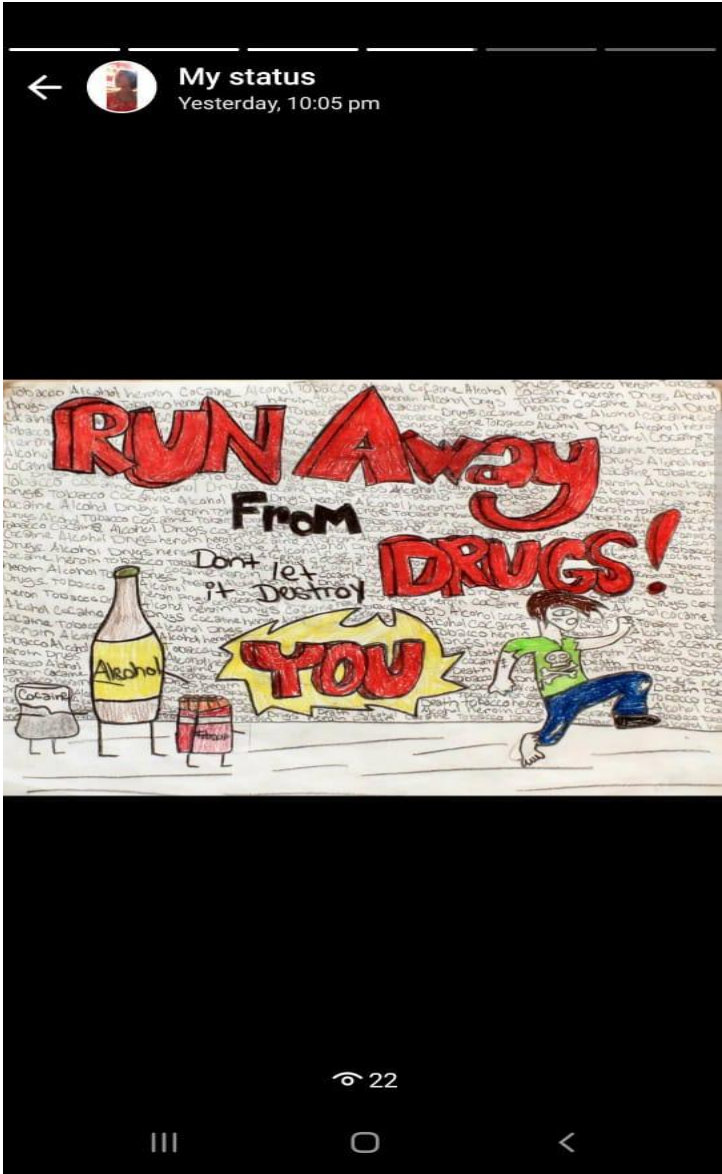
The event comprised of two major events.

**Hackathon ’21** was a Two-day-long coding event to provide a platform to budding engineers seeking an opportunity to showcase their coding skills and compete in a battleground to find the best solution for a given real-world problem statement

**Innovazia ’21** was an opportunity for students to showcase their talent and innovative ideas with the following events namely SpeciaWar, Infomaze, Capture the Flag and Vividly.

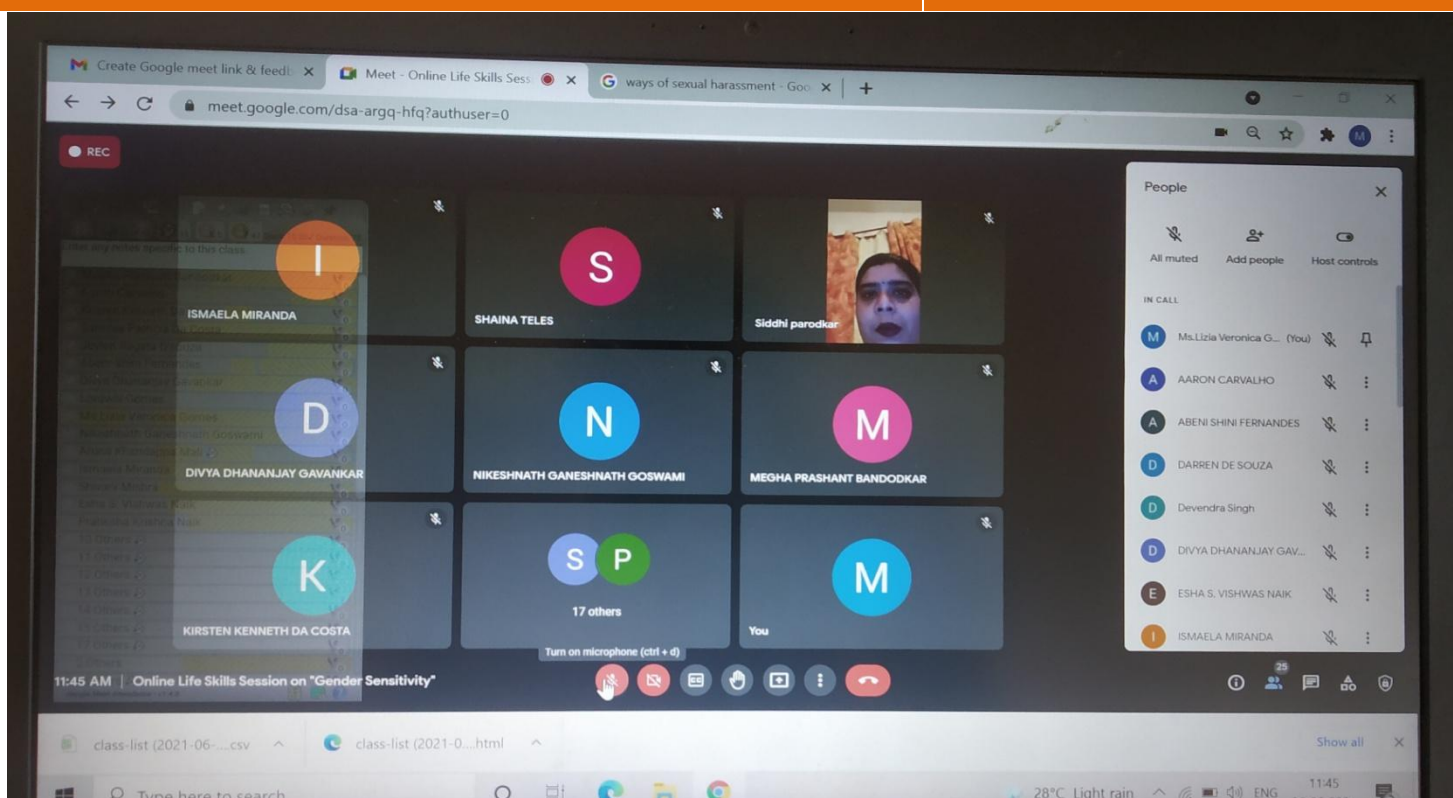
Our Student Ms. Mariem Dias participated in “Vividly” competition as part of Innovazia ’21.





The NSS Unit of the College observed the International Day Against Drug Abuse and Illicit trafficking on 26<sup>th</sup> June 2021 by organizing various online events. The following activities were organized

- Sharing slogans on social media platform or as WhatsApp status to create awareness in the community - 86 students participated
- Essay writing on the topic "Health effects and consequences of drugs" No of participants: 12



The Life Skills Committee organized an Online Life Skills Session as a part of 30 Hours Certificate Course for First Year BBA(Financial Services) Students on 26th June 2021 from 11:00 a.m.to 12:30 p.m. using Google Meet Platform. The topic of the session was “Gender Sensitivity”.

The main objectives of the session were:

- To create awareness about gender related issues, vulnerability of women and men.
- To create awareness about government schemes, acts & rights related to women.
- To bring about a positive change for communicating with each other, and creating a better and more informed society.

The Resource Person for the session was Ms. Siddhi M. Parodkar, Practicing Advocate.

At the outset, Assistant Professor Ms. Lizia V. Gomes welcomed the Resource Person followed by the Introduction of the Speaker by Ms. Ismaela Miranda from First Year BBA(FS) – A.

Ms. Siddhi Parodkar started the session with a brief introduction on the topic Gender Sensitivity. She further provided an elaborate explanation on the following topics:

- 1) What is Gender Sensitivity
- 2) Why gender sensitivity is important
- 3) How gender plays a role
- 4) Why there is a need for gender sensitization
- 5) How important is gender sensitivity in our society
- 6) Gender sensitivity issues and challenges.
- 7) The sexual harassment of women at workplace:
  - What is Sexual Harassment?
  - What kinds of behaviour are considered as sexual harassment?
  - POSH Act
  - Guidelines (“Vishaka Guidelines”) for dealing with instances of sexual harassment at the workplace.
- 8) Body Shaming:
  - What is Body Shaming?
  - Body Shaming manifests in many ways:
    - ✓ Criticizing your own appearance.
    - ✓ Criticizing another’s appearance in front of them.
    - ✓ Criticizing another’s appearance without their knowledge.
  - What are the effects of body shaming?



- How to overcome and deal with body shaming?

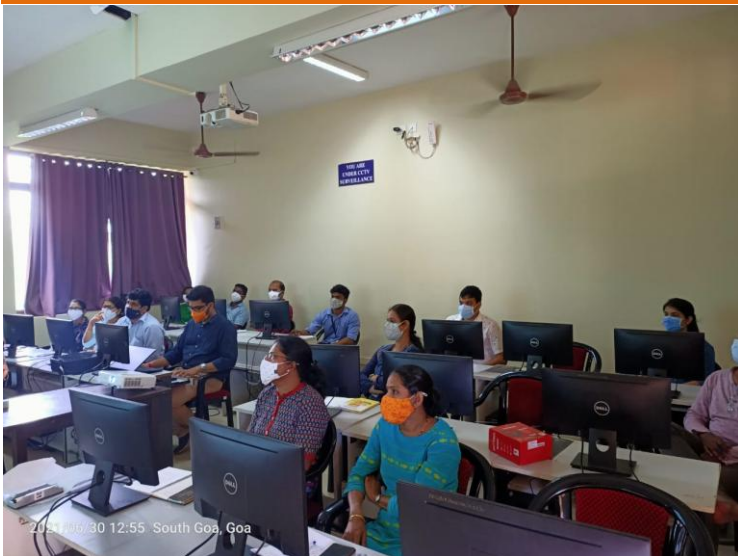
The session also laid emphasis on Gender Sensitivity and Internal Complaints Committee (GSICC) and ways to promote gender equality in daily life.

Ms. Siddhi Parodkar concluded the session by stating that gender sensitivity is a basic requirement to understand the sensitive needs of a particular gender.

25 First Year BBA(FS) Students attended the session, which ended at 12:30 p.m. with a Vote of Thanks delivered by Ms. Mashuka Rodrigues from FY BBA(FS) – A. The session was compered and coordinated by Assistant Professor Ms. Lizia V. Gomes.

## Orientation on emSigner and Fedena

30<sup>th</sup> June, 2021



The Internal Quality Assurance Cell (IQAC) organized an orientation on 'emSigner and Fedena' for Non-Teaching staff of the College on 30<sup>th</sup> June 2021 from 12:00 noon to 1:30pm. The session was held in Lab 1.

'emSigner' is a leading electronic signature based automated document signing and approval workflow solution. Fedena is all-in-one ERP software to manage schools and colleges.

Principal Dr. Prita D. Mallya welcomed the staff members. She informed that, all staff members are familiar with Fedena. emSigner is another initiative taken by the institution towards Office automation and paperless administration.

Ms. Pradnya Nadkarni, Lab Assistant (IT), explained the process of using emSigner. She explained that digitally signing documents using emSigner will reduce the workload of the Office. Currently the practice is to print Notices, certificates, etc. after which the Principal signs them, and they are then scanned. With emSigner, the soft copy of the document is digitally signed and uploaded – there is no printing and scanning needed



Mr. Punarva Prabhudesai, System Administrator, explained some of the modules available in Fedena. He demonstrated how staff can search for students and staff details on Fedena, how to create reports and how to obtain reports.

16 non-teaching staff members attended the orientation session.

The screenshot displays a Google Meet interface during an online guest lecture. The main window shows a Microsoft PowerPoint presentation titled "CONFLICT MGMTAT WORKPLACE - Microsoft PowerPoint". The slide is titled "WHY DOES THE CONFLICT OCCUR ?" and features a diagram with four interconnected circles: "Interests", "Values", "Interest Clash", and "Formation". An arrow points from "Interest Clash" to "Relationships". To the right of the diagram is an image of a street sign that reads "MY WAY" and "YOUR WAY". The Meet interface includes a top bar with a "REC" button and a notification "Caroline Stewart Silva is presenting". A right-hand panel lists participants: Caroline Stewart Silva, Darshan Amonkar, Ms. Seema Dharani, Shaikh Tahreem Naeem, Gomes Janice, Dekasha Manohar Od..., Prachiti Borkar, Shetti Anmol Vinod, 22 others, and You. The bottom status bar shows the time as 11:18 AM and the meeting ID as hcb-ggre-udt.

The Post-Graduate Department organized an Online Guest Lecture in the subject Organizational Behavior for M. Com Part I and Part II students on 30<sup>th</sup> June 2021 from 11.00 am to 1.00 pm. on Google Meet platform. The Resource Person for the session was Ms. Caroline Stewart Silva, Corporate Trainer and Proprietor – Impact Training Solutions. The faculty incharge Ms. Sheryl da Silva, introduced the theme of the session and welcomed the Speaker. Darshan Amonkar, student of M.Com Part II, introduced the Resource Person.

The Guest Faculty commenced the session by discussing basic concepts of conflict management and stress management. Ms. Silva highlighted the positive and negative results of conflict. Ms. Silva stressed on poor communication as a major factor that leads to conflict and explained various techniques of handling conflict such as Competing, Avoiding, Collaborating, Accommodating and Compromising.

Ms. Silva then discussed the various internal and external factors that lead to stress and what can one do to deal with such stressors. The speaker addressed all the queries raised by the students at the end of the session. Students provided very positive feedback about the Guest Lecture. It was an informative and an interactive session. Ms. Mruga Naik, student of M.Com Part II proposed the Vote of Thanks. 43 students attended the session.



*Dear Readers,*

*As always, at Shree Damodar College, the emphasis is on the holistic development of students and adapting to the changing needs of society in general and our students in particular.*

*We are delighted to present the reports of activities in this edition of the E-Newsletter, with the College reaching out to students by way of webinars, quizzes and other innovative activities on a wide range of topics.*

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