



## Golden Jubilee Celebrations of Vidya Vikas Mandal

Vidya Vikas Mandal's

Shree Damodar College of Commerce & Economics



# E-Newsletter

May 2021

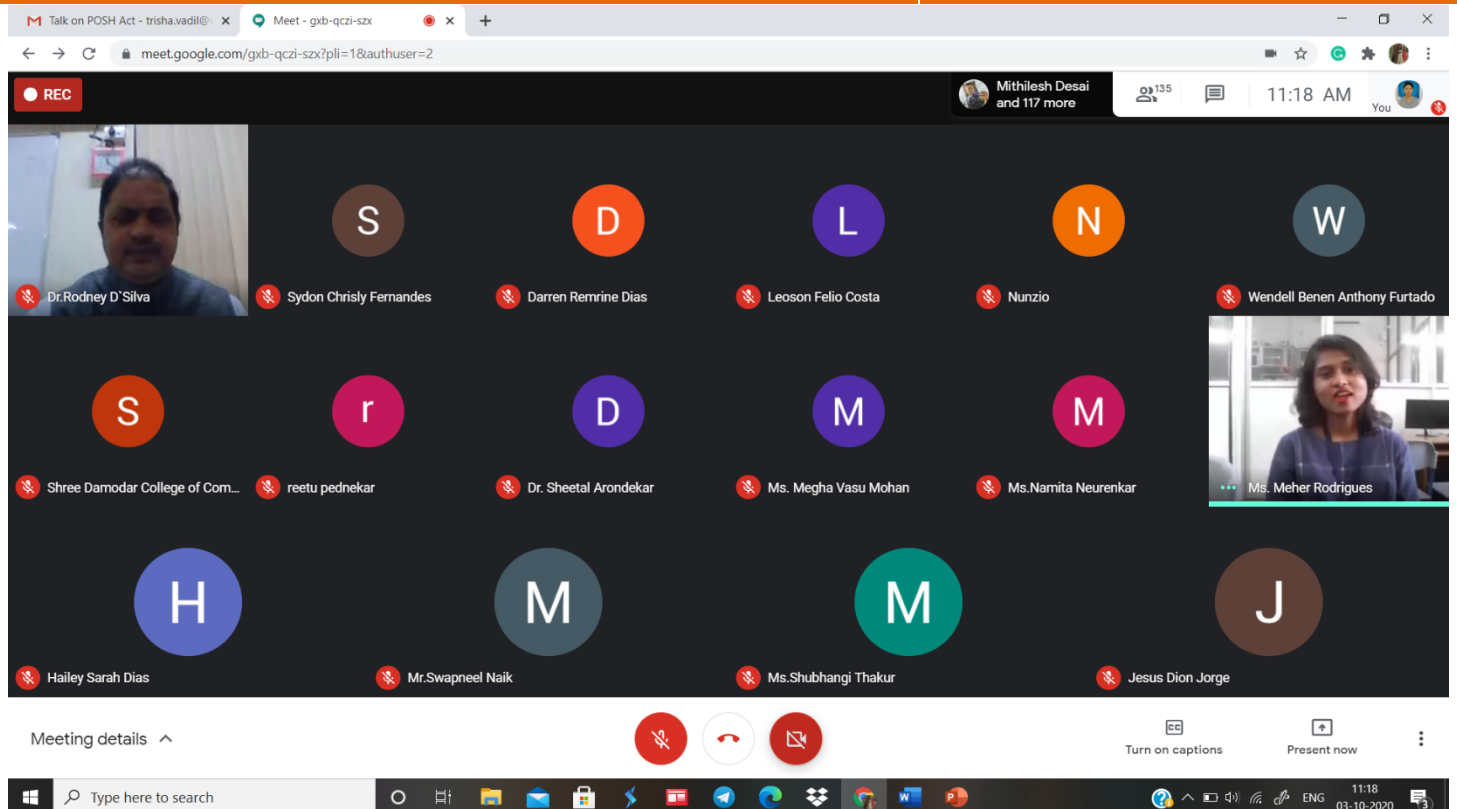
Volume 13, Issue 11

Ms. Samiksha S. Vengurlekar – Editor



Webinar on 'Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013'

3<sup>rd</sup> October 2020



The Women's Cell and the Internal Complaints Committee jointly organized a live webinar on the topic 'Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013' for the newly appointed staff and First Year students on October 3, 2020. The Webinar was in the nature of an Orientation for staff and students on this very important and sensitive issue. The speaker for the session was Adv. Siddhi Parodkar. The webinar was conducted in two sessions, i.e., 11:00-11:50 a.m. and 12:00-12:50 p.m. and was screened live through Google Meet and the College YouTube channel.

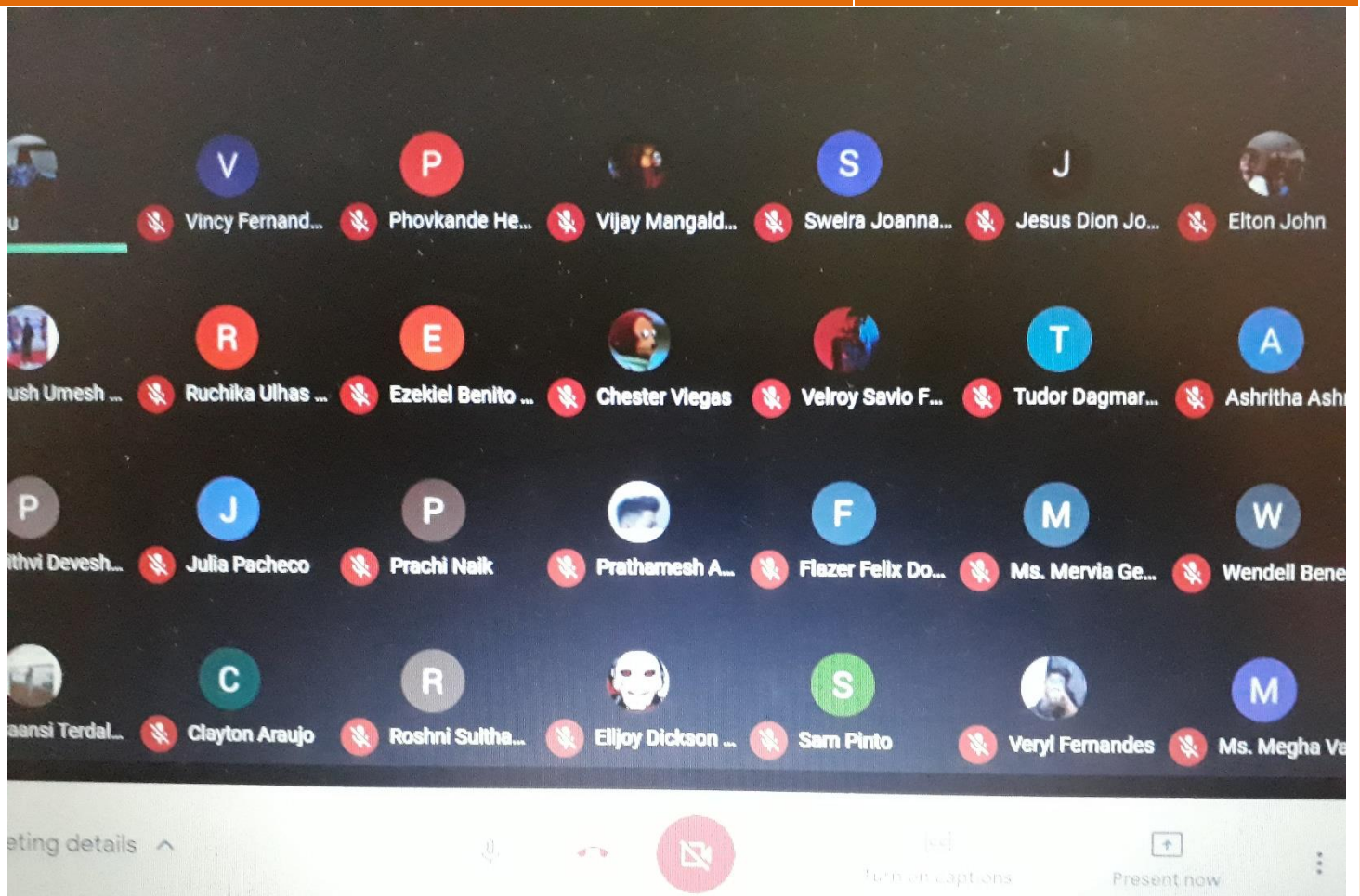
Ms. Meher Rodrigues hosted the webinar. Principal Prof. Prita D. Mallya welcomed the participants and gave an overview of the webinar. Subsequently, members of the Women's Cell and the ICC were introduced to the participants.

Asst. Prof. Trisha Vadil introduced the speaker Adv. Siddhi Parodkar, Asst. Prof in Law at G. R. Kare College of Law, Margao, Goa. The resource person addressed the students on the various circumstances leading to abuse, women's rights at the work place, the relevant laws and the officials they should report to in case of any adverse situation. She highlighted the implications faced by the complainant in those circumstances, particularly if the complaint and the procedures followed are not documented, and used a series of case studies to improve the students' understanding.

Dr. Sheetal D. Arondekar, Asst. Prof. in Commerce, Convenor of the Women's Cell and President, ICC, proposed the vote of thanks. 188 participants attended and provided very positive feedback about the webinar.

TechTrendz IT Club Orientation Session

10<sup>th</sup> October 2020



The Department of Computer Science organized TechTrendz IT Club orientation session for First Year BCA & B.Voc.(ST) students on Saturday, 10<sup>th</sup> October 2020 from 11:15 to 11.45 am in online mode through Google Meet to acquaint them about the club, its purpose and the events.

The session started with the briefing of TechTrendz club and its purposes by Assistant Professor Ms. Sparsha Mandreker. She explained about various activities conducted in the past, students’ participation, activity day i.e. Saturday and submission rules to be followed. Assistant Professor Ms. Megha Mohan announced the various activities and the activities of the day.

Faculty Members Ms. Sweta Verenkar, Mr. Sumit Kumar & Ms. Namita Neurekar were present during the session. Ms. Sparsha S. Mandreker & Ms. Megha Vasu Mohan were the activity in-charges.

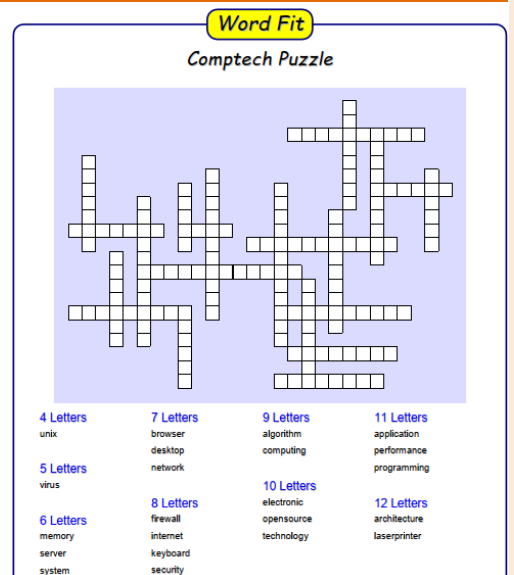
95 First Year BCA and B.Voc.(Software Technologies) students attended the session through Google Meet.

TechTrendz Activity – Puzzle Solving

10<sup>th</sup> October 2020

The Department of Computer Science organized TechTrendz **Puzzle Solving** activity for BCA and B.Voc.(ST) students on Saturday, 10<sup>th</sup> October 2020 from 11:15 am to 01.00 pm in online mode through Google Meet and Google Form.

The Puzzle was announced after the conclusion of orientation session. The puzzle consisted of the terms relating to computer terminology. The students were asked to solve the puzzle and submit their individual entry through a Google form shared with them.



Department faculty members Ms. Sparsha Mandreker & Ms. Megha Mohan were the coordinators for this activity.

19 students participated in this competition and the result is presented below:

First Place: Dazly Gonsalves from TY BCA

Second Place: Prachi Naik from FY B.Voc(Software Technologies)

All the participants enjoyed the competition

### TechTrendz Activity - Nature Photography

10<sup>th</sup> October 2020

The Department of Computer Science organized TechTrendz **Nature Photography** activity for BCA and B.Voc.(ST) students on Saturday, 10<sup>th</sup> October 2020 from 11:15 am to 01.00 pm in online mode through Google Meet and Google Form.

The activity was announced after the conclusion of orientation session and students were asked to submit a photograph depicting Nature. They were asked to submit their individual entries through a Google form shared with them. The aim of this competition was to provide the participants an opportunity to showcase their photography skills.

Department faculty members Ms. Sparsha Mandreker & Ms. Megha Mohan were the coordinators for the activity.

34 students participated in this competition and the result is presented below:

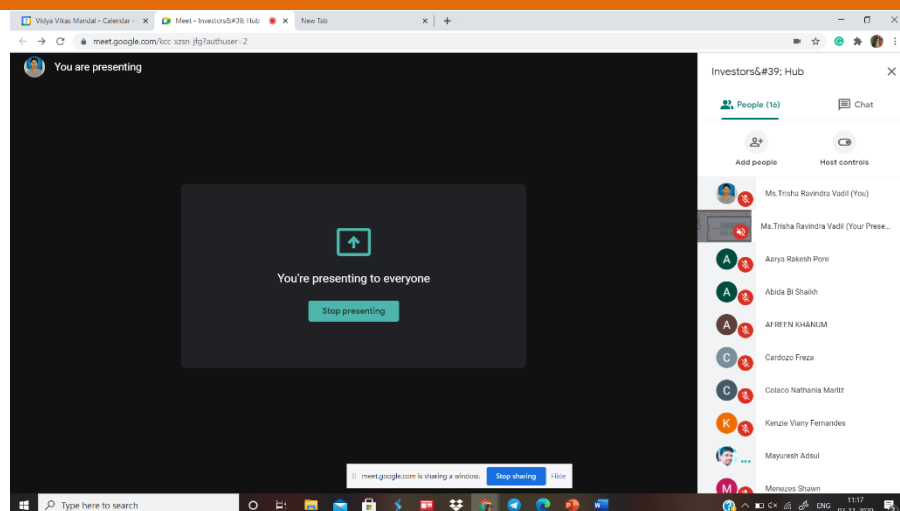
First Place: Meven Braganza from FY BCA

Second Place: Sheehan Alcacoas from SY BCA

Students enjoyed the competition and were enthused to participate & organize TechTrendz Club activities.

### Investors' Hub Activity – ‘Hammer the Box- Business Plan’ Competition

7<sup>th</sup> November 2021



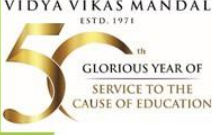
The BBA(Financial Services) Department organized a Business Plan Competition titled ‘Hammer the Box’ under Investors' Hub on 07<sup>th</sup> November, 2020 from 11:30 am to 02:30 pm through Google Meet. The activity was intended to enable the participants unleash their creativity and exercise their problem-solving skills.

17 BBA(FS) students participated in the competition, which was judged by Asst. Prof. Preksha Chopdekar. Mr. Mohav Shet Kurtarkar, student of TYBBA(FS)-B and Mr. Shawn Menezes, student of TYBBA(FS)-A won the first and second place respectively.

Asst. Prof. Trisha Vadil, in-charge of Investors' Hub, coordinated the activities and she was assisted by Asst. Prof. Mayuresh Adsul.

'Literacy for Women' Outreach Activity - Virtual Session on  
'Sustainable Waste Management'

9<sup>th</sup> November 2020



VIDYA VIKAS MANDAL  
ESTD. 1971  
50<sup>th</sup>  
GLORIOUS YEAR OF  
SERVICE TO THE  
CAUSE OF EDUCATION

**Golden Jubilee Celebrations of Vidya Vikas Mandal**


**VVM's Shree Damodar College of Commerce & Economics, Margao, Goa**

**An Outreach Activity of**

**BBA(FINANCIAL SERVICES) DEPARTMENT**

**IN ASSOCIATION WITH**

**INTERNAL QUALITY ASSURANCE CELL & AMHI UDYOGINI PRATHISTAN, MAHILA MANDAL, MARGAO**



## LITERACY FOR WOMEN

### Session on "Sustainable Waste Management"

**Speaker:**  
**Mr. Abhinav Apte**  
**Founder, Track Change**

**Day & Date:** Monday, 9<sup>th</sup> November 2020

**Timing:** 04:00 to 05:00 p.m.

Google Meet Link: <https://meet.google.com/taa-uywa-mos>

For more details please contact: 7588454284/7798793774

**Dr. Prita D. Mallya**  
Professor and Principal

**Dr. Shami Pai**  
IQAC Coordinator

**Ms. Cinola Vaz**  
BBA(FS) Programme Coordinator

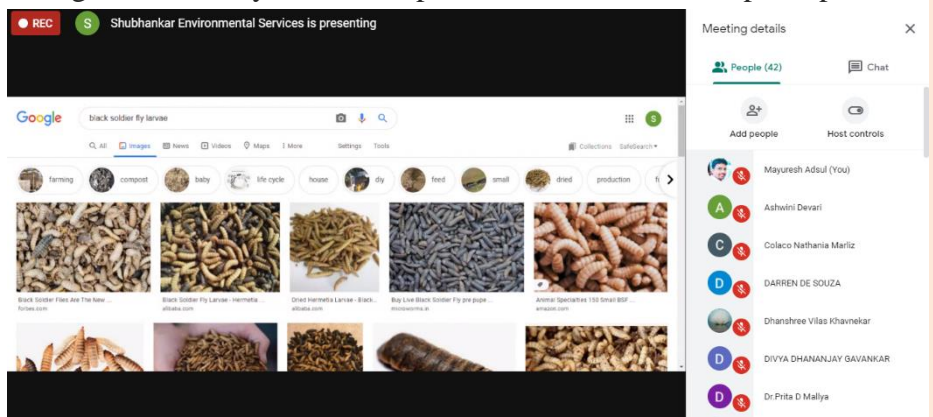
**Mr. Mayuresh Adsul**  
Event Coordinator

The BBA(Financial Services) Department, in association with the IQAC and Amhi Udyogini Pratishtan, Mahila Mandal, Margao organized a virtual session on 'Sustainable Waste Management' under the outreach activity - 'Literacy for Women'. The session was organized through Google Meet on 9<sup>th</sup> November 2020 from 04:00 to 05:00 p.m. for the women entrepreneurs of Amhi Udyogini Pratishtan and the public. 44 participants attended.

The session commenced with a welcome address by Mrs. Ranjita Pai, Branch Manager, Amhi Udyogini Pratishtan, Mahila Mandal, Margao followed by a brief address by the Principal, Prof. Dr. Prita D. Mallya.

Mr. Abhinav Apte, Founder, Track Change, was the original Resource Person. However, he as facing severe Internet problems, and his wife, Mrs. Apoorva Apte, Proprietor, Shubhankar Environmental Services took over as the resource person. Mrs. Apte, a reputed environmental enthusiast and conservationist, started her session by playing videos highlighting the garbage issue that is critically impacting the flora and fauna as well as causing deterioration in human health, by showcasing videos on the same. She stressed on the fact that waste management is the need of the hour and must be practiced by all. There were two parts to Ms. Apte's session.

The first part dealt with the organic waste management activity that can be practiced at home. Mrs. Apte explained the various practices we can follow, with several justifications and examples. In the second half of the session, Mrs. Apte focused on explaining the need and process of creating an organic bio-enzyme at home that is very useful as a cleansing agent. She also put forth the various activities she has undertaken for the purpose of sustainable waste management and she urged the virtual audience to join her towards creating a better ecosystem.



The resource person addressed all the queries raised by the participants. The session ended with a vote of thanks proposed by the event coordinator. The participants provided a very positive feedback about the webinar. Ms. Apte appreciated the efforts of the College for being responsive towards addressing the social requirements

proactively through innovative activities. Asst. Prof. Mayuresh Adsul coordinated and compered the event. System generated e-certificates were instantly provided to the participants.

Online Poetry Writing Competition on 'Women Empowerment'

13<sup>th</sup> November 2020

**Golden Jubilee Celebrations of Vidya Vikas Mandal**  
VVM's Shree Damodar College of Commerce & Economics, Margao, Goa  
Jointly organised by Women's Cell & ICC

**Instructions**

1. Individual Participation
2. The Poem should be written on the theme "Women Empowerment"
3. The Poem can be written in any of these 4 languages English, Hindi, Konkani or Marathi
4. The word limit is 80-100
5. The poem should have a title and should be original
6. Students may submit only one entry in each language
7. The poem should be neatly written / typed on a paper
8. The file should be named as RollNo\_Class\_Name
9. The first three winners will be awarded an e-certificate of merit

Scan and mail your poem to [womenscell-icc.sdcc@vvm.edu.in](mailto:womenscell-icc.sdcc@vvm.edu.in)  
The last date of submission is Friday, 13<sup>th</sup> November 2020

**Dr. Prita D. Mallya**  
Professor and Principal

**Dr. Sheetal D. Arondekar**  
Convenor, Women's Cell & ICC

**Ms. Megha V. Mohan**  
Teacher In Charge

The Women's Cell and the Internal Complaints Committee (ICC) jointly organized an intra-College Online Poetry Writing Competition on the theme 'Women Empowerment'. The date of submission was 13<sup>th</sup> November, 2020. The participants – all girls – sent their entries via e-mail.

Asst. Professors in Commerce Mayuresh Adsul and Sparsha Mandrekar judged the competition.

The winners were

First Place: Dnyanada A. Prabhudessai, TY B.Com C

Second Place: Mruga M. Naik, M.Com-II

Third Place: Dimple A. Tavde, FY B.Com C

Ms. Megha Vasu Mohan, Asst. Prof. in Computer Science coordinated the activity.

## TechTrendz Activity - VISUAL DESIGNIX &amp; VISUME CHALLENGE competitions

21<sup>st</sup> November 2020

Golden Jubilee Celebration of Vidya Vikas Mandal


VVM's Shree Damodar College of Commerce & Economics  
Margao-go

COME & PARTICIPATE  
IN

# “ VISUME CHALLENGE ”

Unique competition on Video Resume  
To give a voice and personality to student's paper resumes

ORGANISED BY  
**DEPARTMENT OF COMPUTER SCIENCE**  
TechTrendz Club




**Rules:**

- Record a Video Resume with your details, academic and other qualifications, interests, hobbies, technical skills, etc
- Visume Duration: Not more than 120 seconds
- Format & Size of the video: MP4 and not more than 100 MB
- Submission link will be shared Saperately.

Sample Visume: [https://www.youtube.com/watch?v=5Ga9GeCM\\_XE](https://www.youtube.com/watch?v=5Ga9GeCM_XE)

Release Date:  
21st  
November  
2020



Closing Date:  
26th  
November  
2020

Result will be declared on 30th November 2020

Faculty In-charges:  
Mr. Sumit Kumar Ms. Namita Neurenkar

Golden Jubilee Celebration of Vidya Vikas Mandal

VVM's Shree Damodar College of Commerce & Economics  
Margao-go

SHOW YOUR DIGITAL SKILL

# VISUAL DESIGNIX

Digital Poster Design Competition

ORGANISED BY  
**DEPARTMENT OF COMPUTER SCIENCE**  
TechTrendz Club



Theme: **INDIA DURING LOCKDOWN**

**Rules:**

- Poster size : 8.5 x 11 inches
- Resolution : 300 dpi.
- Layout : Landscape.
- Format : JPEG/PNG + Source File.
- Submission link will be shared separately.
- 1 student 1 entry only
- Poster should confirm to the theme mentioned above.
- Any artwork on poster must be original design.
- Judges Decision Will be Final.

RELEASE DATE:  
21ST  
NOVEMBER  
2020



CLOSING DATE:  
26TH  
NOVEMBER  
2020

Result will be declared on 30th November 2020

Faculty In-charges:  
Mr. Sumit Kumar Ms. Namita Neurenkar

The TechTrendz Club of the Department of Computer Science organized VISUAL DESIGNIX & VISUME CHALLENGE competitions for the students of BCA & B.Voc.(ST) in online mode. The competitions were released on 21<sup>st</sup> November 2020 at 12.00 pm. Students were briefed about the rules and were asked to submit the entries through Google form before the due date.

Visual Designix was a digital poster design competition on the theme “India during Lockdown” and Visume Challenge was a unique competition on designing Video Resume aiming at giving voice, creativity and personality to the students’ paper resume.

Faculty Members Ms. Namita Neurenkar and Mr. Sumit Kumar conceptualized & designed the competitions. Five students participated and result is presented below.

### Visual Designix

1st Place: Eshwar Gupta (SY BCA) and 2nd Place: Stoline Fernandes (SY B.Voc.(ST))

### Visume Challenge

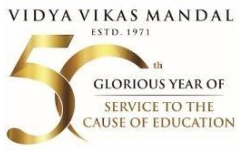
1st Place: Prinson Fernandes (FY BCA)

The screenshot displays a Google Meet window with a PowerPoint presentation titled "INVESTORS' HUB - PowerPoint" by trusha vadil. The presentation slide is titled "Research Paper Competition" and features a pink box with the text: "Theme: FinTech: A resilient solution towards sustainability and growth in turbulent times". The meeting interface on the right shows 5 participants in the call, including Ms. Trisha Ravindra Vadil (You), Ms. Trisha Ravindra Vadil (Your presentation), Menezes Shawn, NIKESHNATH GANESH..., and Shet Kurtarkar Mohav Su... The bottom of the screen shows the Windows taskbar with the time 12:30 on 27-02-2021.

The BBA(Financial Services) Department organized a Research Paper Competition under the Investors' Hub on 27<sup>th</sup> February, 2021 from 11:45 a.m. to 12:15 p.m. through Google Meet. The topic for the competition was “FinTech: A resilient solution towards sustainability and growth in turbulent times.” The competition was conducted in order to provide a platform for the students to enhance their conceptual knowledge about the present scenario and emerging trends in FinTech and allied domains.

10 students participated in the competition. Mr. Mohav Shet Kurtarkar, student of TYBBA(FS)-B and Mr. Shawn Menezes, student of TYBBA(FS)-A won the first and second place respectively.

The winners of the competition received e-certificates. Asst. Prof. Trisha Vadil, in-charge of the Investors' Hub coordinated the activity.



## Golden Jubilee Celebrations of Vidya Vikas Mandal

VVM's Shree Damodar College of  
Commerce & Economics  
Department of Computer Science  
TECHTRENDZ



organises

# NATURE AND HEALTH

27TH FEBRUARY TO 7TH MARCH 2021

### Instructions: ·

- Students need to make a video on medicinal plants. ( Group of 2)·
- You can interview the person who knows the medicinal value of a plant·
- Video should be of 2-4 minutes.
- No two Groups are not allowed to choose the same plant ( Every group should select a Plant and inform on WA group as to avoid repetition .
- Try to submit the video in less MB. Not more than 20MB possibly. Try to reduce the video size by changing the pixel quality setting.
- The student should give use of medicinal plant.
- If any idea is taken from certain sources then it must be properly cited in the video to avoid plagiarism.
- No copyrighted materials (music, images, etc.) may be used unless you own the copyright or the owner gives the right to use the same.·
- Use of light background music in the video and also video editing is allowed.·
- If submitted video is found to be downloaded from the internet then wont be considered.·
- The student also needs to show his/her face at least once in a video.
- Student need to speak in respectful manner in the video.
- The video must be strictly a Formal one with proper dressing style.
- If any informal behavior is noticed in the video then the student will lose the marks.
- The video must not contain material that is obscene, defamatory, offensive or encourages conduct that would be considered a criminal offence or violates any law.
- Videos must be appropriate for viewing by the general public.
- By submitting a video, student agrees to allow teacher to use their videos for information and education purposes, at no cost.
- Student should make a video in an innovative manner and try to showcase their talent and ideas in best way.
- Link will be open on both the platforms.
- Student need to upload the video on any one platform. This is done to avoid last moment uploading issues.
- The link will automatically get close after the deadline. Therefore, students are expected to upload the videos on or before the date of submission.
- Follow all the instructions carefully.
- Following is the list of some medicinal plant. You can select one from them or can choose different topic which is not listed below.
- Local Names : Tlusi, Haldi, Ganjan, Durva, Bilvadal, avala, shatavari, alovera, ritha, ( any other plant may be selected).



Mr. Swapneel Naik  
Mr. Bhiku V Bhave  
Event Incharge

The Department of Computer Science organized TechTrendz Nature and Health activity for FYBCA students from 27<sup>th</sup> February to 7<sup>th</sup> March 2021 in online mode.

Students had to make a video on medicinal plants, speak on the same for 2 to 4 minutes and upload the video on the shared link within the specified time. Students were asked to make the video in an innovative manner and share ideas in the best possible way.

Department faculty members Late Mr. Bhiku Bhave & Mr. Swapneel Naik were the coordinators for this activity. There were 28 entries and 53 students participated in this competition.



Result	Name of the Participants	Medicinal Plant
1 <sup>st</sup> Place	Jesus Jorge	Noni Plant
	Manson Miranda	
2 <sup>nd</sup> Place	Prithvi Shirodkar	Aloe Vera Plant
	Nesmond Fernandes	

All the participants enjoyed the competition

30-hour Online Certificate Course in Advanced Excel

5<sup>th</sup> April – 6<sup>th</sup> May 2021



*Golden Jubilee Celebrations of Vidya Vikas Mandal*

VVM's Shree Damodar College of Commerce & Economics, Margao, Goa

Department of Commerce & Management

In Collaboration with

Infotech Computer Education

organizes



# 30 HOURS CERTIFICATE COURSE IN "ADVANCED EXCEL"

STARTING FROM 1ST WEEK OF APRIL

Registration Form link:

<https://forms.gle/pufZHfrTwwSrvddP8>

**Fees applicable: Rs 500/- per head**



Resource Person  
Mr. William Vaz  
Manager at  
Infotech Computer Education  
Margao, Goa

**Instructions:**

Students who are interested have to register yourself using registration link provided at the earliest. Admissions will be purely on first come; first served basis.

Summary of the Advanced Excel Module is as follows:

1. Auto-fills, common formulas, formatting sheets, fractions etc.
2. Sales forecast, employee database, Advanced filters What-if Analysis, Goal seek etc.
3. Profit and Loss statement, Common size Statement Balance Sheet, Text Formatting with Stock Statements, Statement of Budget, Depreciation Methods, Compound Interest Calculations, Common-size cash flow statement, Data handling of Departmental Stores Working with Student Database, Manufacturing Wage Sheet, GST Calculation Sheet etc.



Prof. Prita D. Mallya  
Professor & Principal

Dr. Shami R. Pai  
HOD, Commerce &  
Management

Ms. Anupama Gaonkar  
Course Coordinator  
8275260013

The Department of Commerce and Management organised a 30-hour Online Certificate Course in Advanced Excel for Second Year B.Com students from April 5 - May 6, 2021. 21 students enrolled, and 14 students completed the course. The resource person was Mr. William Vaz, Manager at Infotech Computer Education, Margao.

The main objective of the course was to enable the students to create and edit basic worksheets and workbooks. The course was designed for students who wanted to gain the necessary skills to create, edit, format the worksheets and get certified in using Advanced Excel. The topics that Mr. William Vaz covered during the course were:

1. Auto-fills, common formulas, formatting sheets, fractions etc.
2. Sales forecast, employee database, Advanced filters, What-if Analysis, Goal seek etc.
3. Profit and Loss statement, Common size Statement Balance Sheet, Text Formatting with Stock Statements, Statement of Budget, Depreciation Methods, Compound Interest Calculations, Common-size cash flow statement,
4. Data handling of Departmental Stores, Working with Student Database, Manufacturing Wage Sheet, GST Calculation Sheet etc.

Asst. Prof. Ms. Anupama Gaonkar coordinated the course.

## Guest Lecture on GST & other Indirect Taxes

3<sup>rd</sup> May 2021

The screenshot shows a Google Meet interface. On the left, a presentation slide titled "What documents are required for GST Registration?" is displayed. The slide content includes a URL "gst.gov.in/docadvisor/", a dropdown menu for "Constitution of Business" set to "Proprietorship", and a dropdown for "Nature of possession of premises" set to "Own". Below this is a table listing required documents:

Purpose	Acceptable Documents	Document Type	Max Size for Upload
Proof of Constitution of Business (Any One)	NA		
Photo of Stakeholder (Promoter / Partner)	Photo of the Promoter/ Partner	JPG	100 KB
Photo of the Authorised Signatory	Photo	JPG	100 KB
Proof of Appointment of Authorised Signatory (Any One)	Letter of Authorisation	JPG,PDF	100 KB
	Copy of Resolution passed by BoD/ Managing Committee and Acceptance letter	JPG,PDF	100 KB
Proof of Principal Place of business (Any One)	Electricity Bill	JPG,PDF	100 KB
	Legal ownership document	JPG,PDF	1.024 MB
	Municipal Khata Copy	JPG,PDF	100 KB
	Property Tax Receipt	JPG,PDF	100 KB

On the right side of the screen, a grid of participants is visible, including Siddhi Bagkar, Sawant Nita Sha..., Sredha S, Naik Sonal Satish, Samant Gayatri..., Gadeker Sidhi N..., Maria Elaine Chr..., Gomes Janice, Yadav Priya, Crystal Barreto, Naik Mruga Mah..., Araujo Erica, Reneta Costa, and Kurtarkar Raajus... The meeting controls at the bottom show "Siddhi Bagkar is presenting" and options for "Raise hand", "Turn on captions", and "Siddhi Bagkar is presenting".

The Postgraduate Dept. of Commerce organized a Guest Lecture in the subject of GST & other Indirect Taxes on May 3, 2021 from 12.00 noon -2.00 pm via Google Meet. The Resource Person for the session was CA Siddhi S. Bagkar (CA, CS Professional, M.Com). 24 M.Com Part II students attended the session.

The main objective of the Guest Lecture was to familiarize students with the practical aspects of registration and filing of returns under GST law. The session began with the introduction of the resource person by Ms. Sredha S, a student of M.Com-II. The teacher in-charge Ms. Seema Dharani, Asst. Professor in Commerce, stressed on the importance of conducting guest lectures for the students.

The Resource Person Ms. Bagkar began the session by briefing students about the simplified registration process, which students can take up as a freelancing career opportunity.

The speaker gave a conceptual and practical overview of the following topics:

- Registration under the GST Act - GSTIN, Person(s) who are required to register under GST Act, Obligations after being registered, Documents required for GST registration process, Practical process of registration
- Filing of Returns under the GST Act - GSTR-1, GSTR2A, GSTR3B, Virtual display of filing of returns, Credit and Debit Notes

Ms. Bagkar addressed the queries of the students. The session ended with the Vote of Thanks proposed by Ms. Crystal Barreto, student of M.Com-II.

## Session on Stress Management

3<sup>rd</sup> May 2021

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ESTD. 1971  
50<sup>th</sup>  
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VVM's Shree Damodar College of Commerce & Economics, Margao, Goa

**Counseling Cell and IQAC**

*For Non-Teaching Staff of SDCCE*

Monday, 3<sup>rd</sup> May 2021  
Time: 11.00 am to 12.00 pm  
Platform: Google Meet

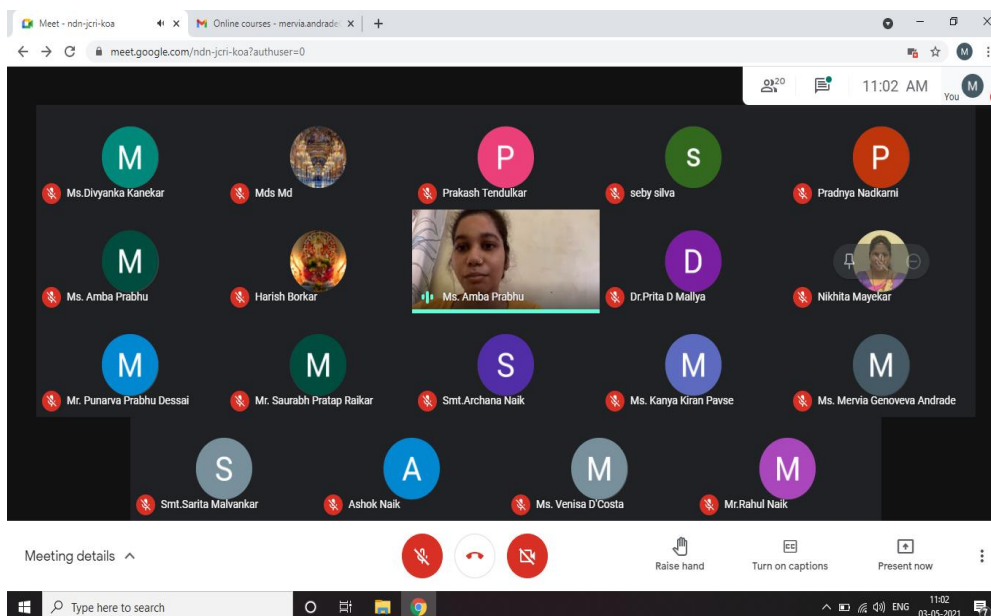
**Talk on**  
**"Stress Management"**

**Resource Person: Ms. Amba Prabhu**  
College Counselor

**Prof. Prita D. Mallya**  
Professor and Principal

The Counseling Cell and IQAC organized a session on Stress Management on 3<sup>rd</sup> May 2021 from 11:00 a.m - 12:10 p.m for the non-teaching staff of the College, by the College Counselor, Ms. Amba Prabhu. The session focused on what stress is, and the different types of stress. The session had 21 participants.

The Resource Person spoke in detail about the symptoms of stress and explained symptoms of body, mind,



emotions and behavior. She then went on to focus on the causes of stress. The causes of stress, usually known as stressors, were explained in detail.

Before moving on, there was a short quiz held for all the participants to recapitulate the discussion so far. All the participants enthusiastically answered all the questions in the

quiz.

After the quiz the Resource Person spoke about the new studies and research conducted in the field of stress and its management. She spoke about fascinating findings that the researchers have found, and how these findings can help us deal with stress.

After the discussion on the research findings, she spoke about how we can deal with stress. She focused on things to avoid while dealing with stress. Then she went on to talk about things one should indulge in while dealing and coping with stress. She also demonstrated various breathing techniques for relaxation to deal with stress.

Lastly, she gave a few tips to help one deal with stress in a healthier way.

The session concluded at 12:10 p.m.

## Investors' Hub Activity – Mock Stock Wizard Competition

8<sup>th</sup> May 2021

The screenshot shows a Google Meet session in progress. The main display area is dark with a central message: "You're presenting to everyone" and a "Stop presenting" button. To the right, a grid of participant avatars and names is visible. The names listed are YASH DEEPAK MARAMANGALLAM, Menezes Shawn, Shet Kurtarkar Mohav Sushant, Mukesh Bhat, Arti Prajapati, and Anuragkumar Anirudhkumar Singh. On the far right, a sidebar displays "Meeting details" and a chat window with messages from "You" at 11:32 AM and 11:41 AM. The chat messages include "good morning students will start at 11:35", "10th -13th May invest", "14th may - mail", and "Investorshub2021@gmail.com limit - 5 lakh". At the bottom, the Windows taskbar is visible with the search bar and various application icons.

The BBA(Financial Services) Department organized a “Mock Stock Wizard” Competition under the Investors' Hub on 08<sup>th</sup> May 2021 from 11:45 a.m. to 12:00 p.m. through Google Meet.

“Mock Stock Wizard” is a mock stock trading competition in which the participants traded on a virtual platform with virtual currency, but with real stocks and live price movements. The competition was designed to ensure that students learn the art of trading and to check their fundamentals regarding capital markets.

Participants were instructed to construct a virtual portfolio from May 10-14 using “MoneyBhai” website. The participant with the highest portfolio value at the end was declared the winner. Eleven students participated in the competition. Mr. Shawn Menezes, TYBBA(FS)-A and Mr. Mohav Shet Kurtarkar, TYBBA(FS)-B won the first and second place respectively.

Asst. Prof. Trisha Vadil, in-charge of Investors' Hub coordinated the event.

The Life Skills Committee of VVM's Shree Damodar College of Commerce & Economics organized an online session on 'Critical Thinking as a Life Skill' as part of a 30-Hour Certificate Course for First Year B.Com students, from 12:30 to 1:50 pm on May 12, 2021. The resource person for the session was Mr. Suhas M. Mallya, Executive Director at Emco Goa Pvt. Ltd and an ex-student of the College.

At the outset, Ms. Marjina Shaikh, Assistant Professor and Convenor of Life Skill Committee welcomed the resource person. Ms. Deepali Aukire, student from FY B.Com-A introduced Mr. Suhas Mallya


The session covered the following topics:

1. What is Critical Thinking?
2. Elements of Critical Thinking?
3. Distractions and Impediments to Critical Thinking
4. Fallacies Disguised as Critical Thinking
5. Benefits of Critical Thinking

Mr. Maxson Fernandes from FY B.Com-A proposed the Vote of Thanks, and the session was compered by Ms. Dasmi Naik from FY B.Com A. Overall, the session was very interesting and interactive. The 51 students who attended, participated enthusiastically throughout the session


Mr. Suhas Mallya had shared a Google form with students prior to the session, and the questions/cases in the form were discussed during the session.

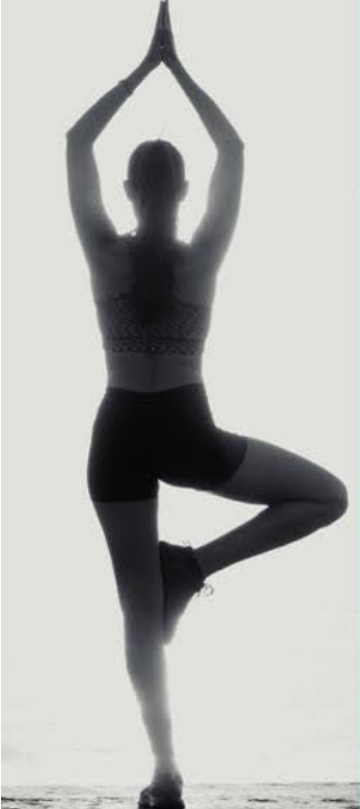
Asst. Professors Ms. Marjina Shaikh and Ms. Pretty Pereira coordinated the session.



VIDYA VIKAS MANDAL  
ESTD. 1971  
**50<sup>th</sup>**  
GLORIOUS YEAR OF  
SERVICE TO THE  
CAUSE OF EDUCATION

*Golden Jubilee Celebrations of Vidya Vikas Mandal*  
**VVM's Shree Damodar College of Commerce & Economics,**  
**Margao, Goa**  
Department of Physical Education & Sports  
organises





## 10 DAYS SURYA NAMASKAR CHALLENGE

### 12TH TO 21ST MAY 2021

- *The Challenge is open to all.*
- *The Activity will be performed for 10 days.*
- *10 different variations of surya namaskar will be demonstrated in the form of a video.*
- *A video of 1 particular variation of surya namaskar will be sent on the whatsapp group every day, for 10 days.*
- *On each day of the challenge, participants must click pictures or send a video of themselves performing surya namaskar to pesdce@vvm.edu.in - this will be considered as attendance of the participant.*
- *Only participants who register, participate in the challenge for at least 7 days, and fill the feedback form will receive E-certificates.*

**Prof. Prita D. Mallya**  
PROFESSOR & PRINCIPAL

**Mr. Ajinkya Avadhut Kudtarkar**  
COLLEGE DIRECTOR OF PHYSICAL  
EDUCATION & SPORTS

**Mr. Saurabh Pratap Raikar**  
EVENT INCHARGE

The Department of Physical Education and Sports organized a 10-day Surya Namaskar Challenge from May 12-21, 2021 through Online Mode (Video). The challenge was open to all. 10 different variations of Surya Namaskar were demonstrated in the form of videos. A video of one particular variation of Surya namaskar was sent on the Whatsapp group of registered participants every day, for 10 days.

The key features of the Surya Namaskar challenge were:



1. Participants had to click pictures or send a video of themselves performing Surya Namaskar – this was considered as attendance of the participant.
2. Of the 10 days, minimum 7 days' attendance was compulsory to get an E-Certificate of participation.

The main purpose of conducting this 10-Day Surya Namaskar Challenge was to motivate individuals to actively participate in some form of physical activity, to help them be physically and mentally fit during the COVID-19 pandemic and the consequent lockdown/curfew.

The 23 participants who successfully completed the challenge included 19 women and 4 men



## U.N.Bene Online Inter-Collegiate Quiz Competition


15<sup>th</sup> May 2021



**GOLDEN JUBILEE CELEBRATIONS OF  
VIDYA VIKAS MANDAL**  
VVM's Shree Damodar College of  
Commerce & Economics  
Margao, Goa - 403 601  
Affiliated to Goa University  
Accredited by NAAC with Grade 'B'  
(CGPA of 2.81 on a 4 point scale)

**CULTURAL COUNCIL  
Organizes**

**U. N. Bene Online  
Inter-College Quiz  
Competition**

Theme: Incredible India!



**Date & Day:**  
Saturday, May 15, 2021

**Timing:**  
08:30 a.m. to 01:20 p.m.

**Venue:** Google Meet (Link will be mailed to all registered participants).

*"Without Knowledge Action is Useless and Knowledge Without Action is Futile." - Abu Bakr*

**1<sup>st</sup> Place:** Rolling Trophy & Rs. 7,000 Cash

**2<sup>nd</sup> Place:** 1<sup>st</sup> Runner-Up Trophy & Rs. 5,000 Cash

**3<sup>rd</sup> Place:** 2<sup>nd</sup> Runner-up Trophy & Rs. 3,000 Cash

**Note:** The Winners should collect their trophies from the College, on a date that will be informed later. The winning institutions should mail all the necessary bank details to [sandesh.gaonkar@vvm.edu.in](mailto:sandesh.gaonkar@vvm.edu.in) for the online transfer of cash prizes

Prof. Dr. Prita D. Mallya  
Professor and Principal

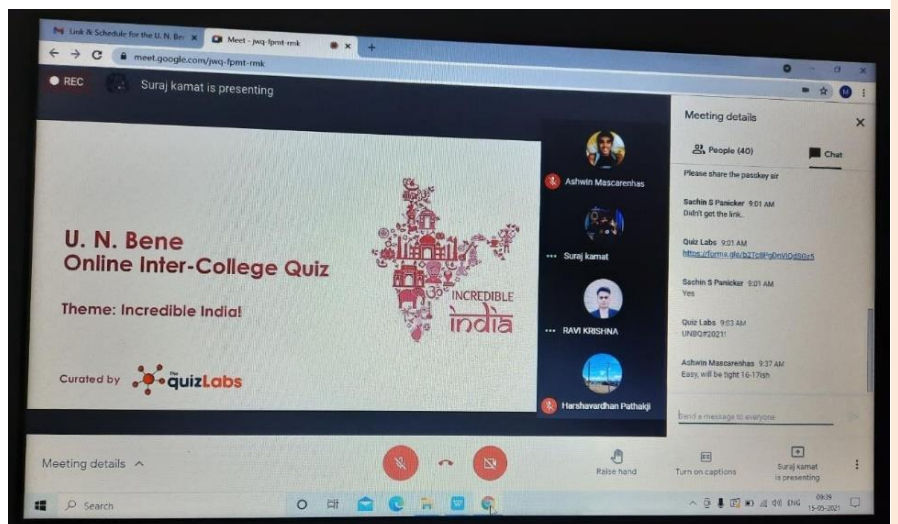
Asst. Prof. Preksha Chopdekar  
Convenor, Cultural Council

The Cultural Council of the College organized 'U. N. Bene Inter-Collegiate Quiz Competition' on May 15, 2021, from 08:30 a.m. to 12:30 p.m. through Google Meet platform. The theme of the competition was 'Incredible India!' Fourteen teams registered for the competition and Ten teams participated.

The competition commenced at 09:00 a.m. after the inaugural function at 08:30 a.m. At the inaugural function, Prof. Dr. Prita D. Mallya, Principal of Shree Damodar College welcomed the virtual gathering while Asst. Prof. Preksha Chopdekar briefed on the activities of the Cultural Council and introduced the Quiz Master, Mr. Suraj Kamat Founder, The Quiz Labs.

The competition was conducted in two rounds, viz. the preliminary round and the final round. The preliminary round had twenty-five questions, which participants had to answer within thirty minutes through a time-based Google Form. The link to the Google Form was mailed to the participants five minutes prior to the commencement of the preliminary round. Each participant answered the preliminary round individually. The average score of the two highest scoring participants from a team were considered for deciding the teams that qualified for the final round.

The final round comprised four rounds based on the following themes: Round 1: History, Geography, Heritage and Biodiversity of India; Round 2: Governance, Polity, and International relations of India (Buzzer Round); Round 3: Economy, Education, Science and Technology in India and Round 4: Culture, Sports, Arts, Literature and Entertainment in India (Buzzer Round). The final round was held in a relay format, viz., an individual member of the team played each round. No member could play two consecutive rounds and each member played at least one round. The winning team was decided based on the aggregate score of all four rounds of the final round.



The competition ended at 11:30 a.m. followed by the valedictory function at 12:00 p.m. where Dr. Rodney D'Silva, Vice-Principal of the College proposed the vote of thanks while Asst. Prof. Mukta Cuncolienkar declared the winners.

Prize	Winning Team	Team Members
<b>1<sup>st</sup> Place:</b> Rolling Trophy & Rs. 7,000 Cash	BITS Pilani, KK Birla Goa Campus, Zuarinagar	Arav Jain, Animesh Jajjo, Manish Dash, and Anand Prabhakar
<b>2<sup>nd</sup> Place:</b> 1 <sup>st</sup> Runner-Up Trophy & Rs. 5,000 Cash	Goa Medical College, Bambolim	Ashwin Mascarenhas, Chaitanya Naik, M P Shreesh Bhat and Anish Shyadligeri
<b>3<sup>rd</sup> Place:</b> 2 <sup>nd</sup> Runner-up Trophy & Rs. 3,000 Cash	V. M. Salgaonkar College of Law, Miramar	Sachin Panicker and Siddhant Shetye

All the participants received e-certificates. The participants provided a very positive feedback about the competition and appreciated the organizers for organizing the competition well amidst the ongoing COVID-19 pandemic. Mr. Jackson Rodrigues (SY B.Com-B) was the compere for the competition. Ms. Shreya Rahate (TY B.Com-B), Mr. Jackson Rodrigues (SY B.Com-B) and Ms. Esha Pai Fondekar (FY B.Com-C) were the students in charge while Asst. Prof. Mayuresh Adsul and Asst. Prof. Muktali Cuncolienkar were the faculty in charge of the event.

### Online Life Skills Session - 30 Hours Certificate Course

15<sup>th</sup> May 2021

The screenshot shows a Google Meet interface with a presentation slide. The slide title is "Spin: Consider these headlines". It contains two sections of headlines:

- (From Indian perspective)**
  - "India pull off valiant defense of a low-score"
  - "Pandya salvages pride with last-over attack" (*Pandya hater?*)
    - Bowling figures: 3-0-29-2 (6s-1, 4s-4, dots-8)
  - "India struggle to defend against Bangladesh" (*unfair*)
  - "Dhoni survives bad decisions in thriller" (*Dhoni hater?*)
- (From Bangladesh perspective)**
  - "Bangladesh lose their way in final over"
  - "Pandya's nerves of steel wreck Bangladesh" (*exaggeration*)

A yellow box at the bottom of the slide reads: "The sole purpose of discussing these questions and the answers is to illustrate the critical thinking process."

The Life Skills Committee of VVM's Shree Damodar College of Commerce & Economics organized an Online Session as a part of 30-Hour Certificate Course for First Year B.Com. students from 12:00 to 1:00 pm. on May 15, 2021. The topic of the session was Problem-Solving as a Life Skill, and the resource person was Mr. Suhas Mallya, Executive Director at Emco Goa Pvt Ltd. and ex-student of the College

At the outset, Ms. Marjina Shaikh Assistant Professor and Convenor of Life Skill Committee welcomed the resource person and the virtual gathering.

Mr. Suhas Mallya covered the four key indicators of the problem-solving process, types of problem categorization and he encouraged the students to think on various possibilities of selected current issues. To illustrate critical thinking, Ms. Dimple Tavde from FY B.Com C spoke on electronic voting machines.



The vote of thanks was proposed by Mr. Avisek Kumar Sharma from FY B. Com-A and the session was compered by Ms. Megle Cardozo from FY B.Com-A. Overall, the session was very interesting and interactive. 37 students attended and participated enthusiastically throughout the session

Prior to the session, Mr. Suhas Mallya had shared a Google form with the students and the questions/cases/memes/cartoons in the form were taken up for the interactive discussion on Problem-solving.

Asst. Professors Ms. Marjina Shaikh and Ms. Pretty Pereira coordinated the session.

15-Hour Online Certificate Course in WordPress

18<sup>th</sup> – 26<sup>th</sup> May 2021

*Golden Jubilee Celebrations of Vidya Vikas Mandal*

**VVM's Shree Damodar College of Commerce & Economics, Margao, Goa**  
**Department of Computer Science**  
**organizes**

**Online Certificate Course  
 in WordPress**

*For XII Std Students*

**Resource Person:**  
**Ms. Sumya Sayed, Assistant Professor,**  
**Department of Computer Science,**  
**VVM's Shree Damodar College of**  
**Commerce & Economics**

**Date & Time:**  
**18th to 26th May 2021**  
**11.00 am to 1.00 pm**

Prof. Prita D. Mallya  
 PROFESSOR & PRINCIPAL

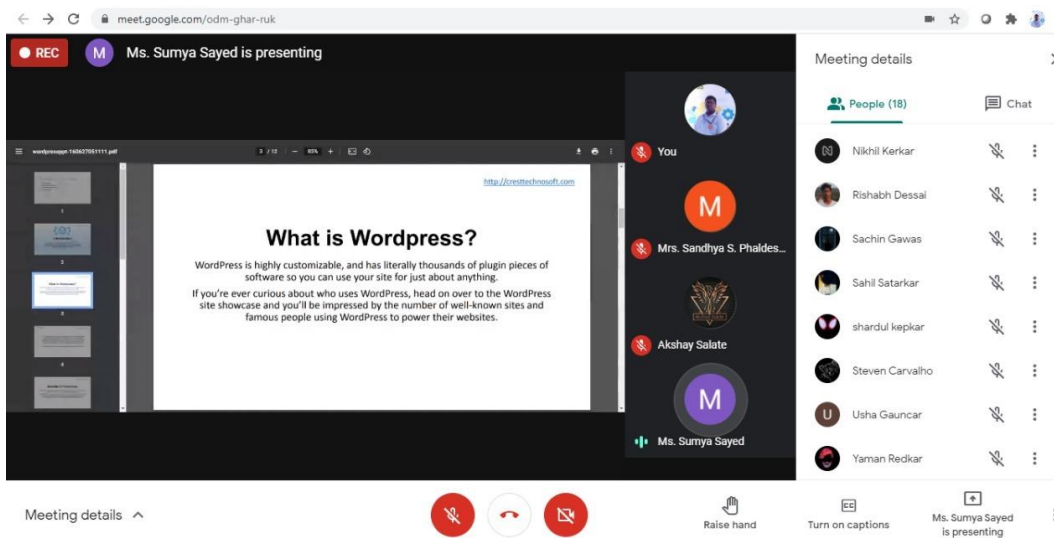
Mr. Sumit Kumar  
 HOD, COMPUTER SCIENCE

The Department of Computer Science designed a 15-hour online Certificate Course in WordPress for the students of Std. XII of VVM's Ramacrisna Madeva Salgaocar (RMS) Higher Secondary School. The Department offered this free online certificate course to students of the Computer Techniques stream of the School from May 18-26, 2021, as an outreach activity. The Resource Person was Ms. Sumya Sayed, currently with the Department as Asst. Professor.

The certificate course started at 11.00 am on May 18<sup>th</sup> with the introduction of resource person by the Head of Department, Mr. Sumit Kumar. He briefly informed the audience about the topic and mentioned its need in site development. Ms. Sumya Sayed explained the below mentioned concepts with actual implementation over the 15 hours of the course.

- Introduction to WordPress, WordPress and Wamp Installation and Configuration
- WordPress terminologies with Demonstration
- Topics covered within WordPress: Pages, Posts, Plugins, Widgets, Themes, Customization, Configuration, Settings, import, export, theme builder, theme editing, Dashboard, setting posts categories, WordPress theme options, Migration, transfers, managing posts and comments, updating plugins, Users-Types & Creation.

- An Overview on how to use WordPress third-party theme editor Elementor
- An Overview on Digital Marketing: Careers, Introduction, scope, Terminologies



The course was conducted for 2 hours every day over 8 days. On the concluding day, attendees filled an online feedback form and received certificates of completion. 19 students completed the course.

**Online Life Skills Session - 30 Hours Certificate Course**

19<sup>th</sup>, 20<sup>th</sup> & 22<sup>nd</sup> May 2021

The Life Skills Committee of VVM’s Shree Damodar College of Commerce & Economics organized three Online Life Skills Sessions as a part of 30 Hours Certificate Course for First Year BBA(Financial Services) Students on 19<sup>th</sup>, 20<sup>th</sup> & 22<sup>nd</sup> May 2021 from 12:30 till 01:30 p.m. using the Google Meet Platform. The topic was “Problem-Solving, Critical Thinking and Dealing with Setbacks”. The sessions aimed at enabling students to improve their decision-making abilities by employing critical thinking and creative problem solving.

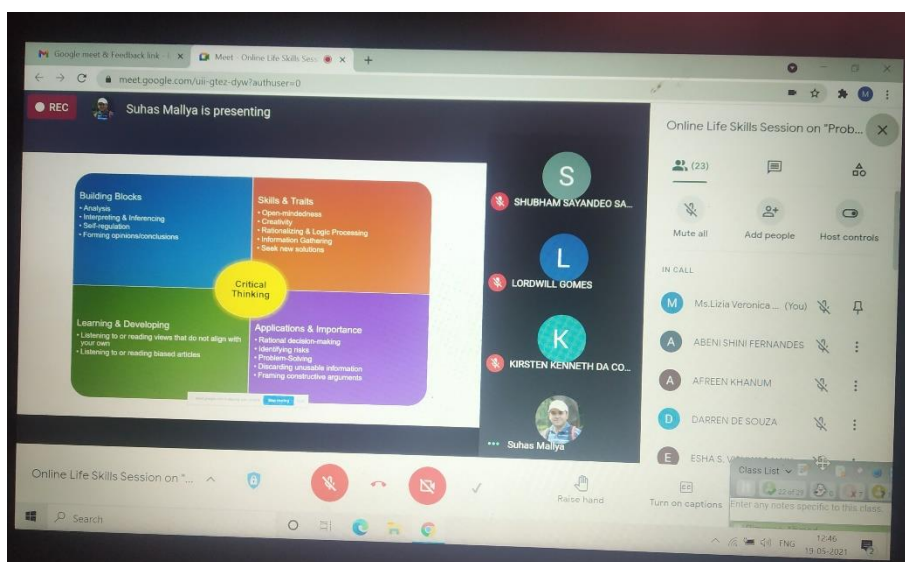
The resource person for the session was Mr. Suhas M. Mallya, Executive Director, Emco Goa Private Limited and an ex-student of the College

Ms. Lizia V. Gomes welcomed the resource person followed by the Introduction of the resource person by Mr. Kirsten Kenneth Da Costa from FY BBA(FS)-A.

**Day One: 19<sup>th</sup> May 2021**

Mr. Suhas M. Mallya started the session with a brief Introduction of the topic Critical Thinking. He provided an elaborate explanation of the following topics:

- 1) An overview on critical thinking
- 2) Elements of critical thinking
  - Building blocks
  - Skills & traits
  - Nurturing & developing
  - Importance & application
- 3) Distractions & impediments to critical thinking
  - Spin
  - Rationalising vs Justifying



Mr. Suhas Malya narrated some examples of critical thinking. During the session, Ms. Sanchia Patricia Da Costa from FY BBA(FS)-B spoke on "Critical Thinking in Sports". The session concluded with a discussion on this topic.

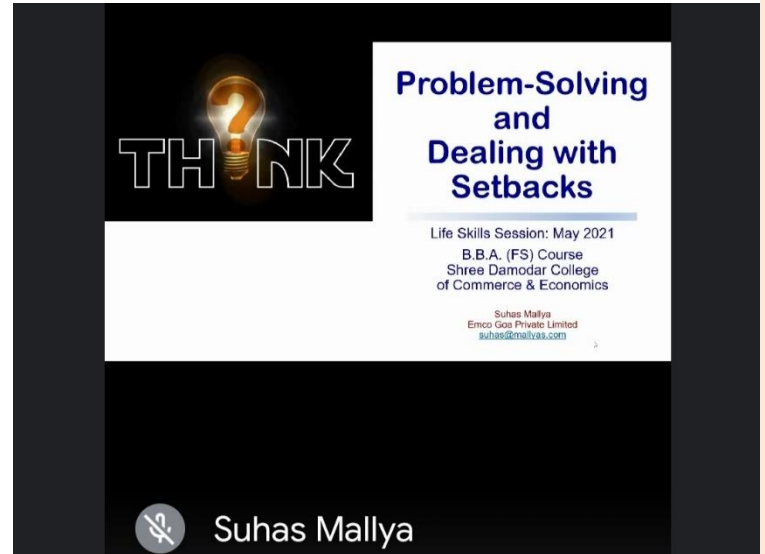
28 students attended the session, which ended at 01:30 p.m. with a vote of thanks delivered by Mr. Saeesh Naik from FY BBA(FS)-B. The session was compered by Ms. Sanchia Patricia Da Costa from FY BBA(FS)-B.

### Day Two: 20<sup>th</sup> May 2021

Mr. Suhas M. Mallya briefly summarized the critical thinking discussion of the previous day. To illustrate more on critical thinking, Mr. Kirsten Kenneth Da Costa from FY BBA(FS)-A spoke on Electronic Voting Machines (EVMs), which was followed by a brief discussion on EVMs.

During the session, the following topics were covered:

- 1) Distractions & impediments to critical thinking
  - Whataboutery
- 2) Fallacies disguised as critical thinking
- 3) Benefits of critical thinking
- 4) Developing critical thinking
- 5) Critical thinking: Information gathering
- 6) Critical thinking: Opinions & conclusions
- 7) Problem-Solving & dealing with setbacks
  - Overview
  - Problem categorization

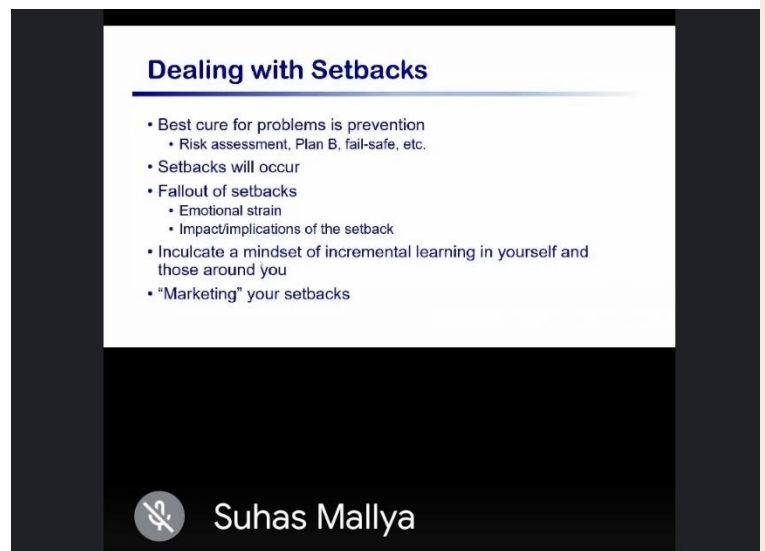


23 students attended the session, which ended at 01:30 p.m. with a vote of thanks delivered by Mr. Rama Shetkar from FY BBA(FS)-B. The session was compered by Ms. Sanchia Patricia Da Costa from FY BBA(FS)-B.

### Day Three: 22<sup>nd</sup> May 2021

The following topics were covered during the session:

- 1) Problem-Solving process
  - Problem analysis
  - Solution identification, evaluation, selection
  - Implementation
  - Measure & improve
- 2) Dealing with change
- 3) Importance of fundamentals and domain expertise
- 4) Importance of fundamentals: Changing face of change
- 5) Dealing with setbacks



- 6) Dealing with the emotional strain
- 7) Dealing with the impact/implications
- 8) 'Marketing' your setbacks

Mr. Suhas M. Mallya concluded the session by stating that critical thinking skills are important because they enable students to deal effectively with social, scientific, and practical problems. He also stated that students who are able to think critically are able to solve problems effectively. Merely having knowledge or information is not enough.

18 students attended the session which ended at 01:30 p.m. with a vote of thanks delivered by Mr. Lordwill Gomes from FY BBA(FS)-A. The session was compered by Ms. Sanchia Patricia Da Costa from FY BBA(FS)-B.

Mr. Suhas M. Mallya appreciated the active participation of the students in the form of posing several questions and their keenness to learn. The students have appreciated the efforts of the resource person and they benefited immensely from the session. Overall, the session was very interesting and interactive.

The sessions were coordinated by Asst. Prof. Ms. Lizia V. Gomes

**Participation in National Level Analytics Fest ANOVA 2.0** **20<sup>th</sup> May 2021**



Five BCA and three B.Voc. students of the Dept. of Computer Science participated in a National-Level Analytics Fest ANOVA 2.0, organized by the Post Graduate Department of Data Analytics of AIMIT, St. Aloysius College, Mangalore on May 20, 2021.

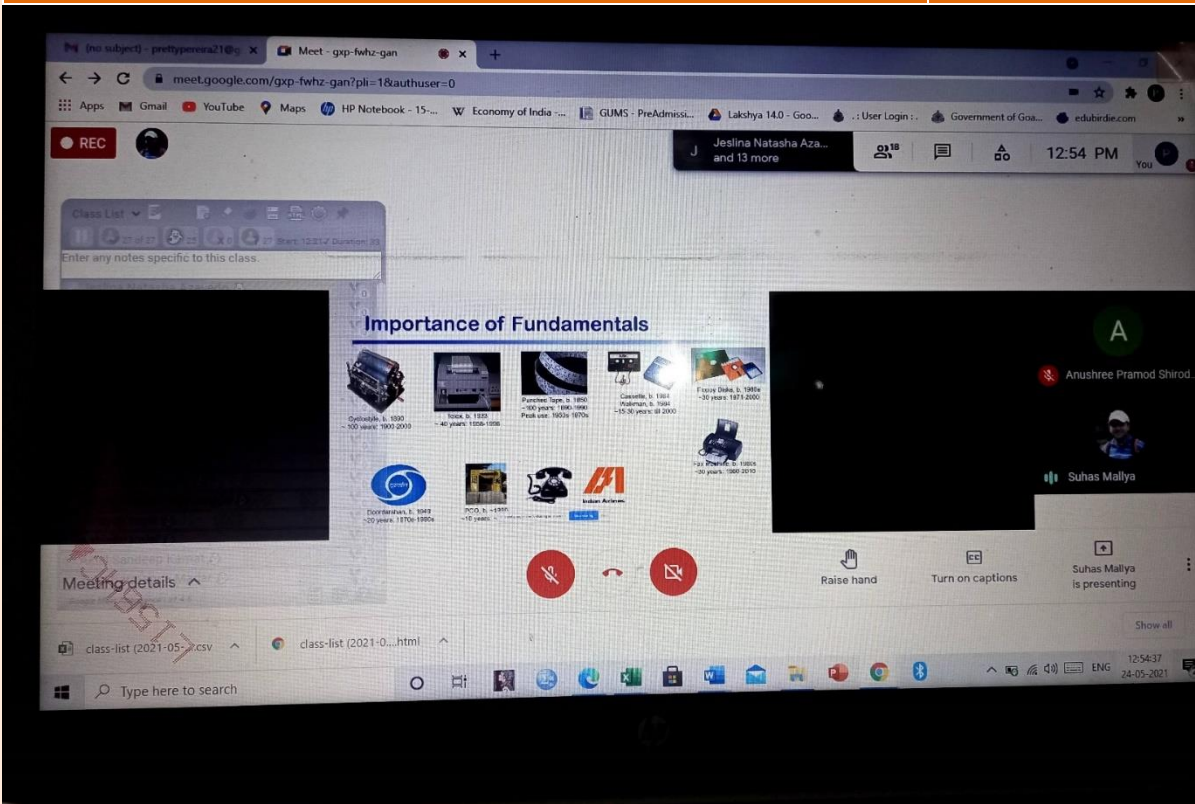
The students of the Department participated in various competitions at ANOVA 2.0, namely Stratum, Potter Brainz, Algebros, Odyssey and Technocraft.

The Event Coordinator was Mr. Pranav Rivankar, an alumnus of the Department of Computer Science BCA Batch 2019-20, while the website and posters of Anova 2.0 were designed by our alumni Mr. Semiulla Yallapur and Ms. Shreya Naik from the Department of Computer Science BCA Batch 2019-20.

The students who participated are:

<b>Event</b>	<b>Student Participants</b>
STRATUM	Smruti Kudnekar, Prachi Naik
POTTER BRAINZ	Shubham Kholkar, Yagnesh Redkar
ALGEBROS	Pratik Faldessai
ODYSSEY	Eshwar Raj Gupta
TECHNOCRAFT	Binson D'Souza, Rajat Nagvenkar

Participation in the event gave our students much needed exposure and boosted their confidence.



The Life Skills Committee of the College organized an online session as a part of a 30-Hour Certificate Course for First Year B.Com students from 12:30 to 1:30 pm on 24<sup>th</sup> May, 2021 on the Google Meet platform. The topic for the

session was “Problem Solving and Dealing with Setbacks”, and the resource person was Mr. Suhas Mallya, Executive Director at Emco Goa Pvt. Ltd and ex-student of the College

At the outset, Ms. Marjina Shaikh Assistant Professor and Convenor of the Life Skills Committee welcomed the virtual gathering. 21 students attended

Mr. Suhas Mallya covered topics such as importance of planning and the importance of the fundamentals of problem-solving. He spoke on how to deal with setbacks and how to ‘market’ one’s setbacks so as to have control of the narrative and to search for ideas.

Mr. Nikson Pereira from FY B.Com A proposed the vote of thanks and Ms. Anushree Shirodkar from FY B.Com A compered the session. Students participated enthusiastically in the discussions

Asst. Professors Ms. Marjina Shaikh and Ms. Pretty Pereira coordinated the session.

*Dear Readers,*

*As always, at Shree Damodar College, the emphasis is on the holistic development of students and adapting to the changing needs of society in general and our students in particular.*

*We are delighted to present the reports of activities in this edition of the E-Newsletter, with the College reaching out to students by way of webinars, quizzes and other innovative activities on a wide range of topics.*

**Ms. Samiksha S. Vengurlekar**  
Editor

**Ms. Venisa D'Costa**  
Designer

**Prof. Prita D. Mallya**  
Professor and Principal

Vidya Vikas Mandal's

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